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30"VJ G'UVCVG'QH'O GP VCN'KNNP GUU'CP F 'KVU'UVK O C'CV'RGP P "UVCVG"

30"QWT'RNCP " "

30"VJ G'J KUVQT['QH'O GP VCN'KNNP GUU'CV'RGP P "UVCVG" " "

30"FGTQI CVQT['Y QTF U('EQO O QP 'O KUEQP EGRVIQP U'QH'O GP VCN"

KNNP GUU" " "

30"Y J ['KV'VJ G'FGUVK O CVK CVKQP 'QH'O GP VCN'KNNP GUUGU'P GEGUUCT[A'

"

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"

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56"FGUVK O CVK CVKQP "VJ TQW J "XKFGQI TCRJ [<J QY "K" ECP "Y QTM"

56"GNGO GP VU'QH'VJ G'F QEWO GP VCT[""

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66"CTG'F KUEWUKQP "I TQWRU'KO RCEVHWNIUWEEGUUHWN"K "QVJ GT"

EQO O WP K/KGU"

67"UWRRQTV&G"UCHG"URCEGI TQWR"EQPENWUKQP "

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70"QWT"ECNN"VQ"CEVIQP "VQ"TGFWEG'O GP VCN"KNNP GUU'UVK O C ""

70"TGHTGP EG'NKUV

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INTRODUCTION

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Gzgewkxg'Uwo o ct{"

Vj ku'r qrlc{"r cr gt"qwnkpgu'yj g'r qrlckgu'y g'tgugctej gf."f kuewuugf."cpf "etgcvgf"vq'r tqxkf g"e"
eqo r tgj gpukxg'r tqi tco "vj cv'Rgpp"Ucvg'Wpkxgtukv{"ecp'ko r ngo gpv'kp'ku'i qcn'vq'tgo qxg'yj g"
uiki o c'uwttqwpf kpi "o gpvclj gcmj "f kuewuukqp."kuuwgu."cpf "f kuqtf gtu0"

Y g'r rcp'vq'r wpej "cp'kpwgtcevkxg"eco r cki p."ur qpuqtgf "d{"xctkqwu'qti cplk cvkqpu"qp"eco r wu."yj cv"
y km'gpeqwtci g'uwf gpw'cv'Rgpp"Ucvg'Wpkxgtukv{"vq"dgeqo g'kpxqrxkf 'kp'yj g'kuuwgu'uwttqwpf kpi "
o gpvclj gcmj "cpf "kmpguugu"cpf "vq"dgeqo g'rgcf gtu'kp"etgcv'kpi "c'uchg"eco r wu'hqt 'kpf kxkf wcu'yj q "
uwhtgt 'htqo "o gpvclj gcmj "kuuwgu0'

D{"r wpej kpi "cp'kpwgtcevkxg."y ggmqpi "eco r cki p."y g'y km'itkpi "cy ctgpguu'qh'o gpvclj gcmj "
kuuwgu'vq"eco r wu'cpf "y g'y km'gpeqwtci g'cpf "kpur ktg'uwf gpw'vq"dg"eqpukf gtcvg"qh'yj gk'hgmy "
r ggtu0'

Qw"ugeqpf "r qrlc{"kpxqrxgu"cf qewo gpvct{"yj cv'y km'gzr nqtg'yj g'ghgew'vj g'uiki o c'qh'o gpvclj
kmpguu'j cu'qp"yj qug'yj q'uwhtgt'htqo "o gpvclj gcmj "kuuwgu0'

Hkpcmf."qwt"vj kf "r qrlc{"gpvcku'etgcv'kpi "uchg"ur cegu."r rnegu'yj gtg'yj qug'yj q'ctg'uwhtgtkpi 'htqo "
o gpvclj gcmj "kuuwgu'cpf "y j q'pggf "uwr r qtv."ctqwpf "Rgpp"Ucvg'Wpkxgtukv{au"eco r wu'vq"eqpvkpwg"
yj g'ghqtv'kp'f guki o cvk kpi "o gpvclj kmpguugu"cpf "vq"eqpvkpwg'r tqxkf kpi "uwr r qtv'hqt"yj qug'yj q "
pggf 'k0'

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THE STATE OF MENTAL ILLNESS AND ITS STIGMA AT PENN STATE

Rgpp"Ucvg.'hmg'o cp{ "qyj gt'wpxgtuklgu'cetquu'vj g'pcvqpp.'ku'y qtnkpi 'vq'dgwtg'vj gk "

o gpcvnlj gcnj "ugt xlegu'cu'ugt xleg'f go cpf u'kpetgcug0J qy gxgt.'cv'vj ku'vko g.'hkwg'ku'dgkpi 'f qpg'vq "

tgf weg'vj g'vki o c'cuuqekcvf 'y kj 'o gpcvnlj gcnj 'tgrcvf 'kmpguugu.'y kj 'vj g'gzegr vqpp'qh'c'o gpcvnl "

j gcnj "cy ctgpguu'y ggn'vj cv'vj cv'j cu'vemp'r meg'gxgt { " { gct'ukpeg"4235"cpf 'hgy 'uwwf gpv'rgf "

ghqtu'Uko r uqp."4235-0Hqt"gzco r rg.'Rgpp"Ucvg'ku'j qo g'vq'lwuv'qpg'uwwf gpv'qti cpk vqpp'"qh'vj g "

: 22'lp'vqcn'vj cv'gzku'cv'Rgpp"Ucvg+'vj cv'tgrcvu'vq'o gpcvnlj gcnj 0Cevkxg'O kpf u'ku'c'pcvqpcn "

qti cpk vqpp'cpf 'vj g'Rgpp"Ucvg'Ej cr vgt'y cu'rwpej gf 'lwuv'ugxgtcn'uj qtv' { gctu'ci q.'lp'42320'Vj g "

enw'ewtgpv' { 'o ggw'gxgt { "Vwuf c { 'htqo ': 'vq'; 'RO .'cpf 'y qtmu'vq'pqv'qpn' { 'etgcv'cp "

gpxkqpo gpv'ht'o go dgtu'vq'uj ctg'vj gk'vj qwi j w'cpf 'utwi i ngu.'dw'cnuq'vq'hki j v'vj g'vki o c "

cuuqekcvf 'y kj 'o gpcvnl'kmpguu'cv'Rgpp"Ucvg0Ceeqtf kpi 'vq'Lqj p'Y gj rgt.'c'r cu'vo go dgt'qh'Cevkxg "

O kpf u.'vj g'pgi vq'vki o c'vj cv'eqo gu'y kj 'o gpcvnl'kmpguu'ku'uqo gvj kpi 'o wej 'o qtg'y kf gur tgcf "

vj cp'lwuv'Rgpp"Ucvg'kugrh'cpf 'vj cv'k'gzkuu'co qpi 'cm'eqmgi g'eco r wugu0'Vj g'enw'au'ewtgpv' "

r tgukf gpv.'Cuj rg { 'Dgmq.'gej qgf 'vj gug'eqpegtpu.'cpf 'gzm'kpgf 'j qy 'uj g'j cu'j cf 'vq'f gcn'y kj 'vj ku' "

vki o c'htuy cpf.'dgkpi 'hqtgcf 'vq'y v'ej 'cu'hwpf kpi 'hqt'qyj gt'uwwf gpv'qti cpk vqppu'tgi wactn' { 'vqmi' "

r tgegf gpv'qxgt'hwpf kpi 'hqt'qp/eco r wu'o gpcvnlj gcnj 'ugt xlegu'"Mw'pk' .4238-0C'tgegpv' { 'hgf "

gzj kdkkqp'd { 'c'ukpi rg'uwwf gpv.'Egek'c'O eI qwi j . 'y cu'cnuq'y kfn' { 'uweeguuhw'lp'gprki j v'gpkpi "

Rgpp"Ucvg'uwwf gpv'qp'vj g'eqpf kqpp'qh'uej k qz j tgpkc00 eI qwi j . 'cp'cutqppqo { 'cpf 'cutqz j { 'uleu' "

o clqt'lp'vj g'Uej tg { gt'J qpqtu'Eqmgi g.'cttcpi gf 'j gt'qy p'gf wecvqpcn'eco r wu'y kf g'gxgpv'vq'ugv' "

vj kpi u'utcki j v'cdqww'uej k qz j tgpkc'lp'Cr tki'qh'423800 eI qwi j 'j gf 'vj g'gxgpv'dgecwug'uj g'y cu' "

vtgf 'qh'hkxkpi 'lp'hgct'qh'y j cv'r gqr rg'vj qwi j v'qh'j gt.'cpf 'dgr'gxf 'vj cv'or gqr rg'ctg'chtckf 'qh'y j cv' "

vj g{ 'f qpø'w'pf gtuxcpf ð"J gt'wnko cvg'i qcn'y cu'v'f getgcug"vj g'unki o c'cuuqekcvf 'y kj 'o qtg"
ugtkqu'lo gpcn'knpguugu"*Y qlpgt."4238+0'

OUR PLAN

Qwt'r rcp'hqt'dgwtgkpi 'vj g'eqpf kkp'u'hqt'vj qug'y kj 'o gpcn'j gcnj 'kuwgu'cv'Rgpp'Ucvg"
i qgu'hct'dg{ qpf 'pwo dgtu'cpf 'tguqwtegu=y g'j cxg'dggp'vcungf 'y kj 'ej cpi kpi 'cp'gpvtg'ewwtg0Vq"
cej kxg'vj ku.'y g'j cxg'pcttqy gf 'qwt'hqewu'v'cf f tguu'vj g'hqmjy kpi 'r tqdrgo <

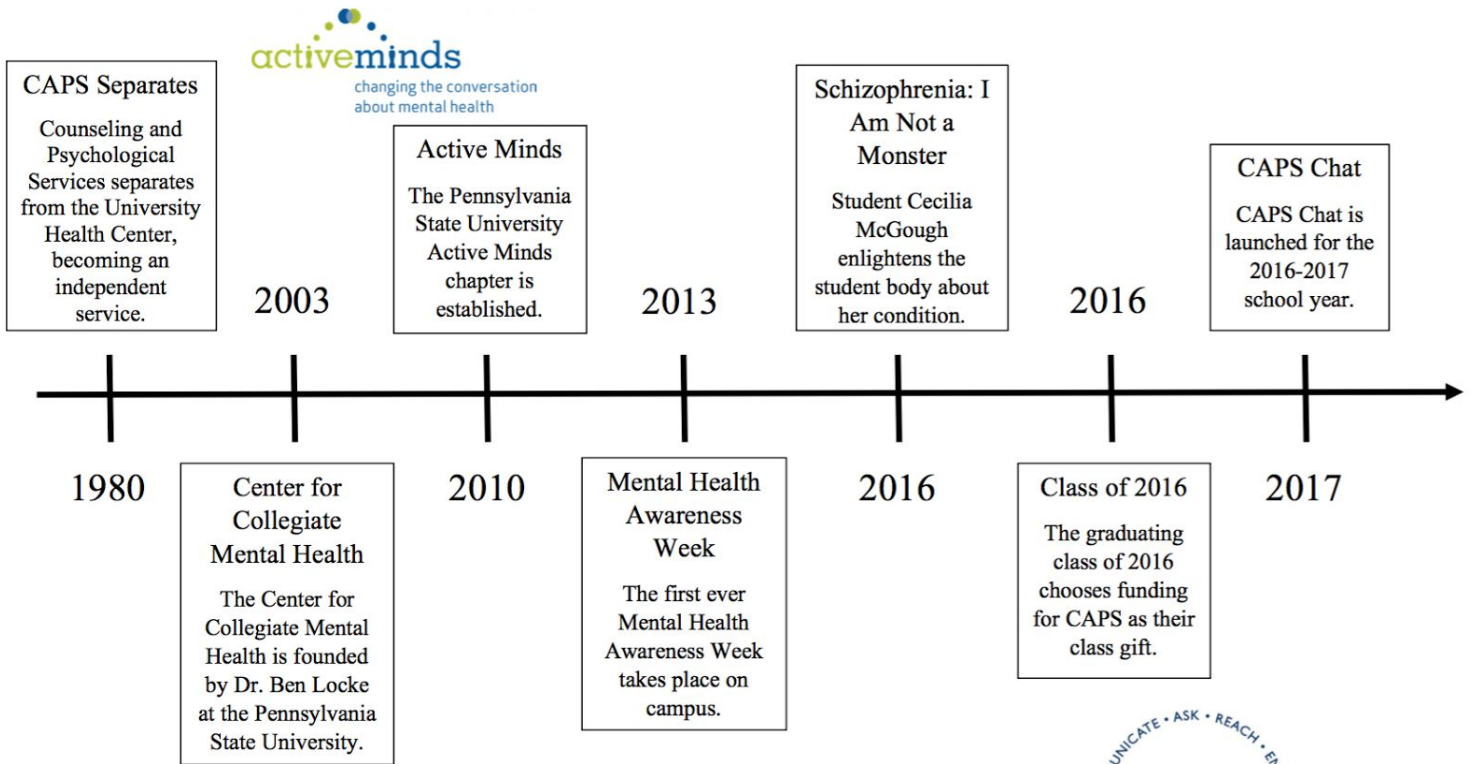
There currently exists a negative connotation associated with those with mental health illnesses and mental illness itself. This stigma is crucial to address, as it results in a partially closed-minded society where those with mental illness often feel like the “other.” In addition, more often than not persons susceptible to mental illness will not seek help due to the stigma that currently exists.

Vq'uqrxg'vj ku'r tqdrgo .'y g'j cxg'qwrkpgf 'vj g'hqmjy kpi 'i qcn'

We wish to inform others about mental health, to make it relatable, and to start the conversation about it. We intend to make those with mental illness feel more comfortable while also making those without mental illness more educated and understanding.

THE HISTORY OF MENTAL HEALTH AT PENN STATE

Mental Health at Penn State (1980-2016)



DEROGATORY WORDS AND COMMON MISCONCEPTIONS

"

Uqekri'ò gf k'c'p'f 'y' g'r t'gugpeg'q'h'r wdrle'h'ki w'gu'i' q'j' c'p'f 'k'p'j' c'p'f 'k'p'k'p'h'w'g'p'ek'p'i 'y' g'o' k'p'f' u'"
 qh'o' k'ng'p'p'k'c'u'0'P' gi' c'v'k'g'r' q't'v'c' { 'c'u'i'q'h'o' g'p'v'c'n'l'k'ng'p'g'u'u'q'p' 'u'q'ek'ri'ò' g'f' k'c'p'f' 'y' t'q'w'i' j' 'y' g'c'e'v'k'q'p'u'q'h'"
 r' wdrle'h'ki w'gu'ec'p'q'h'ng'p'v'k'o' g'u'f' k'u'q't'v'v'j' g'r' wdrle'ø'u'r' g't'egr' v'k'q'p'q'h'c'x'g't' { 'f' g'r'k'ec'v'g'c'p'f' 'e'q'o' r' n'g'z' "
 u'w'd'l'g'e'v'0'V'j' g'u'g'p'g'i' c'v'k'g'r' q't'v'c' { 'c'u'i' h'w'v'j' g't' 'e'q'p'v'k'd'w'g'v'q' 'y' g'u'k'i' o' c'u'c'u'u'q'ek'v'g'f' 'y' k'j' 'o' g'p'v'c'n'l'j' g'c'n'j' ."
 v'j' g't'g'h'q't'g'o' c'n'k'p'i' 'k'v'k'p'et'g'c'u'k'p'i' n'f' 'f' k'h'k'k'w'v'v'q' 'u'c't'v'c' 'f' k'c'n'q'i' w'g'y' k'j' 'o' k'ng'p'p'k'c'u' 'y' j' q'j' c'x'g' 'e'q'p'eg't'p'u'"
 c'd'q'w'v'j' g'k't' 'o' g'p'v'c'n'l'j' g'c'n'j' 0'

V'j' g'o' g'f' k'c'j' c'u'r' t'q'x'g'p'v'q' 't'g'k'p'c'i' t'g'c'v'f' g'c'n'q'h'l'k'p'h'w'g'p'eg'q'x'g't' 'y' g'r' wdrle' 'u'k'p'eg' 'k'u'"
 e'q'p'eg'r' v'k'q'p'0'Y' k'j' 'y' g't'c'r' k'f' 'c'f' x'c'p'eg'u'k'p' 'v'g'ej' p'q'm'i' { 'y' c'v'j' c'x'g' 'v'c'n'g'p' 'r' n'c'eg'q'x'g't' 'y' g'r' c'u'v'f' g'ec'f' g'q't' "
 u'q' . "c'p'w'c'p'eg'f' 'h'q't'o' 'q'h'o' g'f' k'c'j' c'u'g'o' g't'i' g'f' /// u'q'ek'ri'ò' g'f' k'c'0'Y' k'j' 'y' k'u' 'd'g'l'p'i' 'u'c'k'f' . 'y' g'o' k'ng'p'p'k'c'n'"
 i' g'p'g't'c'v'k'q'p'j' c'u'r' t'q'x'g'p'v'q' 'd'g'v'j' g'r' t'k'o' g' 'e'q'p'u'w'o' g't'u' . 'c'u' 'y' g'm' 'c'u' 'y' g' 'v'c't'i' g'v'c'w'f' k'g'p'eg'q'h' 'u'q'ek'ri'ò' g'f' k'c'0' "

K'k'u'k'o' r'q't'v'c'p'v'q'"

p'q'v'g' 'y' c'v'w'p'f' g't' 'y' g'"

w'o' d't'g'n'c' 'q'h'v'j' g'o' k'ng'p'p'k'c'n'"

i' g'p'g't'c'v'k'q'p' . 'k'p' 'y' j' k'ej' 'u'r' c'p'u'"

h't'q'o' "3; : 6"v'q' "4226. "c' 'r'c't'i' g'"

r'q't'v'k'q'p'q'h'v'j' k'u'i' t'q'w'r' 'c't'g'"

e'q'm'g'i' g' 'u'w'f' g'p'u'0'O' c'p' { ""

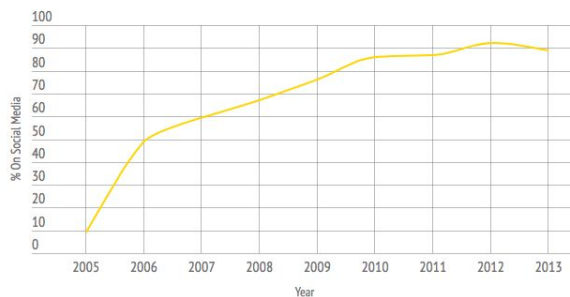
r' u' { e'j' q'm'i' k'u'v'j' c'x'g' 'e'q'p'en'w'f' g'f' "

v'j' c'v' 'e'q'm'g'i' g' 'u'w'f' g'p'u' 'c't'g'i' t'g'c'v'f' 'k'p'h'w'g'p'eg'f' 'd' { 'u'q'ek'ri'ò' g'f' k'c' "M'c't'c'f' n'c't' "4237-0I' t'c'p'v'g'f' . 'u'w'f' k'g'u'"

j' c'x'g' 'u'j' q'y' p' 'y' c'v'v'j' g't'g' 'k'u'c' 'f' k'g'ev'e'q't't' g'r'v'k'q'p' 'd'g'y' g'g'p' 'u'q'ek'ri'ò' g'f' k'c'p'f' 'o' g'p'v'c'n'l'j' g'c'n'j' 'f' k'u'q't'f' g't'u'"

v'j' c'v' 'c't'g' 'e'q'o' o' q'p' 'c'o' q'p'i' 'e'q'm'g'i' g' 'u'w'f' g'p'u' 'u'w'ej' "c'u' 'u'w'g'u'u' . 'c'p'z'k'g'v'f' . "c'p'f' 'f' g'r' t'g'u'k'q'p' "R'c'p'v'k'e' "4236-0I'

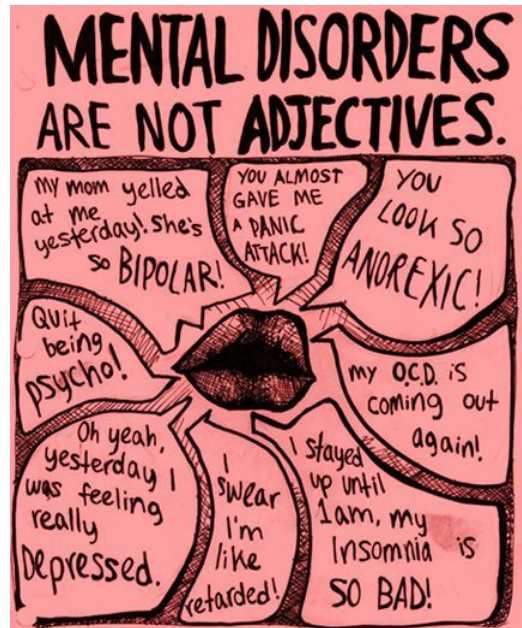
Social media usage among the 18-29 demographic



Source: The Pew Research / Riley Griffin/The Huffington Post 2015

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Vj g'h'k'p'n'id'gy ggp'uqekri'no gf kc'c'p'f 'yj g'o gpvni' j gcnj "qh'eqmgi g'uwf gpw'ugtx'gu'cu'c'p'q'yj g't" eqp'v'kdw'kpi 'h'cev't'vq'yj { 'yj g'f g'v'ki o c'v'k' c'v'k'p'q'h' " o gpvni'k'p'g'u'gu'ku'p'gg'f g'f 'O'F' w'g'vq'yj g'u'ki o cu'yj cv' uwt't'q'w'p'f "o gpvni'k'p'g'u'gu.'u'wf gpw'o c { 'h'g'g'ri'no q't'g' " t'g'n'ev'c'p'v'vq'ur g'c'n'i'q'w'c'd'q'w'v'yj g'k't'o gpvni'j gcnj "c'p'f " u'g'g'n'i't'g'c'v'o gp'v'0"O q't'g'ur g'ek'h'ec'm'f . 'yj g'y q't'f u'r g'q'r i'g' " w'ug'yj j gp'yj g { 'yj k'p'n'i'q'h'o gpvni'k'p'g'u'gu'c't'g'w'uw'c'm'f "



xgt { 'f g't'qi cv'qt { "c'p'f 'k'p'ceew't'c'v'g'0'k' "c'f f'k'k'q'p.'r g'q'r i'g'w'ug'o gpvni'k'p'g'u'gu'vq'f g'uet'k'd'g'c'r g'tu'q'p'q't" uk'w'c'v'k'p.'yj j k'ej 'f g'x'c'n'w'g'u'yj g'ug'x'g't'k'v' "c'p'f 'u'g't'k'q'w'p'g'u'q'h'j c'x'k'pi "c'o gpvni'k'p'g'u'U'w'f gpw'u" u'w'h'g't'k'pi 'It'qo "c'o gpvni'k'p'g'u'c'it'g'c'f { 'j cxg'vq'f g'c'n'y kj 'yj g'f k'uc'd'k'k'v' { "q'h'j c'x'k'pi 'yj g'k'p'g'u'c'p'f " u'q'ek'g'v' "c'f f' u'f'k'uet'k'o k'p'c'v'k'p'c'p'f 'u'g't'g'q'v'f r g'u'q'p'v'q'r "q'h'yj cv'0'Q'w't'j q'r g'ku'yj cv'yj t'q'w'i j 'yj g'

*Eqttki cp"("Y cwuqp."4224+0Rgqr ng'utwi i npi 'y kj 'y gk'o gpwnj gcnj 'o c{ "cf qr v'c'my gt " ugrh/guvgo "qt'hgn'otki j vgwu'cpi gtö*Eqttki cp"("Y cwuqp."4224+0"Nqy gt'ugrh/guvgo "eqwf 'rgcf " vqy ctf u'kpetgcugf "kuqr'vqp"qt'cdvcklpi 'htqo 'vtgcvo gpv'y j kg'cpi gt'ecp'rgcf "vqy ctf u'c'utqpi gt " f gf kec'vqp"v'i gv'dgwgt *Eqttki cp"("Y cwuqp."4224+0Gn{ p"Ucmi'ku'c'r tqhguuqt'c'v'j g'WUE'I qwf " Uej qqn'qh'Ncy 'y cv'j cu'uwhtgf 'htqo 'uej k'qr j tgpkc'ht'qxgt'v'j kv' "{ gctuoUj g'f guetkduj" gt " gZR gtlgpeg'cpf "qr kpkp'ctqwpf 'y gug'unki o cu'lp'j gt'ct'veng"öY j { "K'0 gpvni'kmpguu'Ukni'Uq" Uki o cvk' gf Aö'd{ 'y tkkpi .öH'kpf u'uqo g'ko gu'mqngf "eqphwugf "qt'uctgf 'y j gp'K'qr' 'y go 'cdqw' o { 'kmpguu'="cpf "K'quv'uqo g'htkpf u.'y j lej 'y cu'xgt { 'r ckphw'Uki o c'ku'qw'v'j gt'g'cpf 'k'o cng" r gqr ng'hgn'f co ci gf .nguug'0K'gpeqwtci gu'r gqr ng'v'dg'lp'v'j g'emugv'y j gp'dgkpi 'cdrg'v'i gv'j gr " htqo 'htkpf u.'y j gp'qpg'ku'uwhtkpi . 'ku'xgt { 'lo r qtcv'0Uki o c'au'y qtu'gh'gev'ku'v'j cv'k'f gvtu" r gqr ng'htqo 'ceegr vpi 'y gk'kmpguu'cpf "ci tggkpi "v'vtgcvo gp'0K'i'o gpvni' kni'r gqr ng'f k'pø'j cxg" v'j g'cf f gf "dwtf gp'qh'unki o c.'o c{ dg'o qtg'qh'v'j go 'y qwf "uggm'vtgcvo gpö" *Ucmi."4233+0"

Vj g'unki o cu'uwttqwpf lpi 'o gpwnj gcnj "ctg'gpf ngu'cpf 'y g{ "qh'gp"j cxg'f g'v'ko gpvni' gh'gew'0Vq'eqo dc'v'j gug'unki o cu.'Rcvleni'Eqttki cp'cpf "Co { "Y cwuqp" *4224+.'y q'tgugctej gtu'cv' v'j g'Wpkxgtuk'v' "qh'Ej keci q'Egpvt'ht'Ru'ej kv'le'Tgj cdkk'cvkqp'cpf 'Ej keci q'Eqpuqt'v'ko 'htq" Uki o c'Tgugctej . 'uwi i guv'uqekv' "v'f'q'v'j tgg'o clqt 'y kpi u'r tqv'guv.'gf wecvg.'cpf "k'vgtce'0Vj g{ " ucvg.öI tqw u'r tqv'guv'k'pceewtcv'g'cpf "j qukv'g'tgr t'gugp'cv'k'p'v'q'v'j'ht'v' o gpvni'kmpguu'cu'c'y c{ "v" ej cngpi g'v'j g'unki o cu'v'j g{ 'tgr t'gugp'0Vj gug'gh'qt'w'ugpf "y q'o guuci gu'0Vq'v'j g'o gf kc'UVQR" tgr qt'v'pi 'k'pceewtcv'g'tgr t'gugp'cv'k'p'v'q'v'j'ht'v' o gpvni'kmpguu'0Vq'v'j g'r wdrle'UVQR'dgn'kxkpi "pgi cv'xg" xkgy u'cdqw'o gpvni'kmpguu'0Gf wecvkqp'r tqxk'f gu'kphqto cvkqp"uq'v'j cv'v'j g'r wdrle'ecp'o cng'o qtg" kphqto gf 'f gekuk'p'v'cdqw'o gpvni'kmpguu'0K'v'gtr gtu'p'cni'eqp'cev'ku'ht'v'j gt'gpj cpegf 'y j gp'v'j g" i gpgt'cn'r wdrle'ku'cdrg'v'q'tgi wctn' "k'vgtce'v'y kj 'r gqr ng'y kj 'o gpvni'kmpguu'cu'r ggtuö" *Eqttki cp"("

Y cvaqp."4224+0Dcugf "qp"j gt"qy p"gzr gtlgpegu."Gn{ p"Ucni"*4233+"cnuq'r tqr qugu."õO qtg'r gqr ng"
eqo kpi 'hqty ctf "vq'r w'c'hceg"qp'o gpvcn'kmpguu'ku'ko r qtvcpx(00)j g'o gf kc'uj qwf "cnuq'tgr qtv'o qtg"
r qukkxg'cpf 'j qr ghwl'uxqtkgu0"ku'k'ko r gtcv'xg'yj cv'cu'c'uqekgv{ 'y g'f q'pqv'crlgpcyg."dw'gpeqwtci g"
kpf kxf wcn'y kj "o gpvcn'kmpguugu'vq'ur gcm'qww'cdqw'yj gk'o gpvcn'j gcm'j "cpf 'w'pf gtuxcpf "yj cv'k'
f qgu'pqv'o cng'yj go 'kphgtkqt"qt"cp"qwecux0'

WHY IS THE DESTIGMATIZATION OF MENTAL ILLNESSES NECESSARY?

""Eqpukf gtlpi "y g'dceni tqwpf "lphqto cvkqp"cpf "j kuqt { "r tgxlqwn { "i kxgp"tgi ctf lpi "o gpvnlj gcmj " cpf "j qy "uqekgv { "r gtegxgu"o gpvnlj gcmj "f kuqtf gtu."k'ku"mqi kecn"vq"cti wg""y cv"o gpvnlj gcmj "ecp" dg"cu"ugpukxg"vqr ke"qh"fh"kwewukp0Cu"r tgxlqwn { "o gpvnlj gcmj . "c"r rgy qtc"qh"luki o cu"j cxg"mqi "dggp" cuuqekcvf "y kj "o cp { "o gpvnlj kmpguugu."cf f lpi "y gki j v"vq"cp"ctgcf { "j { r gtugpukxg gf "vqr ke0" Dgctlpi "y ku"lp"o kpf . "uwf gpw"cv"Rgpp"Ucvg"y cv"heg"ej cmgpi gu"y kj "y gk"o gpvnlj gcmj "o c { " hgnlj gukcpv"vq"ur gcn"wr "cdqww"y gk"eqpegtpu"htq"y gk"r gtuqpcn"o gpvnlj gcmj "qt"r qvgpvkm { "y g" o gpvnlj gcmj "qh"y gk"r ggtu0Vj ku"tgnwecpeg"ecp"dg"vqzke"vq"y g"y gni/dglpi "qh"uwf gpw"cpf "y wu" ecp"uwr r tguu"y g"r qvgpvkn"qh"y g"uwf gpw"cv"y ku"vplkxgtukv { 0P cvkqpcn { . "htq"v { "r gtegpv"qh"eqmgi g" uwf gpw"fq"pqv"uggnlj gr "htq"y gk"o gpvnlj gcmj "ej cmgpi gu"*P CO K4238-0Vj wu."y g"r tglwf keg" cpf "o kuwvf gtuwcpf lpi u"eqpxg { gf "y tqwi j "y g"pgi cvkxg"luki o cu"y cv"ctg"cuuqekcvf "y kj "o gpvnlj kmpguu"o c { "f tkxg"y g"j gukcp { "kp"uwf gpw"vq"cmgpy rgi g"y gk"kuwgu"cpf "uggnljgtxkegu"vq"j gr " y go "y tqwi j "y gk"ej cmgpi gu0"Vj g"luki o cu"cuuqekcvf "y kj "o gpvnlj kmpguugu"qh"mgp"ecwug" kpf kxf wcu"vq"r quw qpg"vtgcwo gpv"i tqprg { "4238-0"kp"cu"4236"P cvkqpcn"Eqmgi g"J gcmj " Cuuguuo gpv"55"r gtegpv"qh"uwf gpw"lwtxg { gf "uckf "y cv"y g { "dgnlgxgf "y cv"y g { "j cxg"fgxgnr gf " ugxgtg"fg"r tguukp"ukpeg"luctvpi "eqmgi g0Y kj kp"y cv"uco g"lwtxg { . "77"r gtegpv"tgr qtvgf "hgnlpi " qxgty j gm lpi "cpzkgv { "cpf"; "r gtegpv"lgtkqwn { "eqpukf gtf "uwlekf g"qxgt"y g"r cu"v { gct "*"J qmgto cp" 4238-0I kxgp"y ku"lphqto cvkqp."k'ku"r tqdcdng"y cv"vq"y g"eqo r gvklxg"cecf go ke"pcwtg"cv"Rgpp" Ucvg"uqo g"uwf gpw"o c { "hgnlcp"qxgty j gm lpi "r tguwv"vq"uweggf "lp"y j kej "o c { "qpugv"uqo g" eqo o qp"o gpvnlj kuqtf gtu"o gpvnlj gcmj "cdqwg0Y kj "y ku"lp"o kpf . "k'ku"etkkekcn"y cv"Rgpp"Ucvg" guxcdrkuj "c"uqekcn"lvo qur j gtg"y cv"gpewtci gu"uwf gpw"vq"hgne"eqo hqtvcdrng"lp"cf f tguukpi "y gk" "

o gpcnlj gcnj 0K'ku'cnuq'lo r qt'vcpv'vq'eqpukf gt'vj g'y gml'dglpi 'qh'uwwf gpw'y j q'o c { 'uwhtgt'htqo "

o qtg'ugxgtg'o gpcnlkmpguugu'cpf 'vj g'ej cngpi gu'vj cv'ctg'cuuqekcvf 'y kj 'vj gug'f kuqtf gtu0Vj wu "

tgi ctf rguu'qh'y j cv'r ctv'qh'vj g'o gpcnlj gcnj 'ur gestwo 'uwwf gpw'hcml'kp'vq.'k'ku'lo r qt'vcpv'vj cv'vj g "

wpkxgtukf { 'ku'cee qo o qf cv'kpi 'vq'cm'uwwf gpw0K'p'qtf gt'vq'o cng'uwwf gpw'cy ctg'qh'vj ku'ugpug'qh "

uwr r qt'v'vj g'f guki o cv'k cv'kqp'qh'vj g'o gpcnlj gcnj 'eqo o wpkf { 'ku'cduqnrwgn { 'pgeguuct { 0 "

""""Tgf welpi 'vj g'uwki o cu'cuuqekcvf 'y kj 'o gpcnlkmpguugu'y km'dquv'vj g'o qtcng'qh'vj g'wpkxgtukf "

cu'y gml'cu'tguwn'kp'cp'cttc { 'r qukkxg'dgpgghku'htq' Rgpp'Ucv'g'uwwf gpw0Uqo g'qh'vj gug'dgpgghku "

kpemf g'j grr kpi 'uwwf gpw'o qtg'tgcf k { 'tgeqi pk' g'o gpcnlkmpguu'cpf 'vj gtghqtg'f kxgt'v'vj go 'htqo "

o cnkpi 'cuuwo r vkpu'cdqwr' gqr ng'vj cv'uwhtgt'htqo 'o gpcnlkmpguu0Cnuq.'f guki o cv'k kpi 'o gpcnl "

kmpguugu'y km'go r qy gt'vj qug'uwhtgtkpi 'htqo 'o gpcnlkmpguugu'vq'uggml'q'w'vj g'tguqwtegu'pgeguuct { "

vq'j grr 'vj go 'vj tqwi j 'vj gkt'ej cngpi gu0' "

"""" Qxgtcm'uwwf gpw'uj qwf 'dg'gpeqwtci gf 'vq'uggml'o gpcnlj gcnj 'ugt'x'legu'kh'pgeguuct { 'y kj qw'vj g "

hgct'qh'dglpi 'lwf i gf 'd { 'vj gkt'r ggtu'qt'uxch'o go dgtu0Y kj 'vj ku'lp'o kpf .'vj g'f guki o cv'k cv'kqp'qh "

o gpcnlkmpguugu'ku'c'o clqt'ng { 'vq'cej kxkpi 'vj gug'i qcm'vj tqwi j 'vj g'cev'kpu'rc'k'f 'q'w'lp'vj g'r qnke { "

vj cv'y g'j cxg'etgcvf 'htq'vj g'wpkxgtukf { 0Vj g'wnko cvg'i qcn'qh'vj gug'r qnke'ku'ku'vq'o cng'o gpcnl "

j gcnj 'c'o wej 'rguu'cdqq'vqr le'qh'f kuewuukqp'tgi ctf rguu'qh'vj g'ugxgtk { 'qh'vj g'o gpcnlkmpguu'vj cv'c "

uwwf gpv'o c { 'dg'hceg'f 'y kj 0'K'p'tgwtp'y g'j qr g'vq'i tcf wcm { 'etgcv'cp'gpxktqpo gpv'vj cv'qr gpn { "

uwr r qt'u'uwwf gpw'vj cv'o c { 'dg'uwhtgtkpi 'htqo 'c'o gpcnlkmpguu'cu'y gml'cu'o qv'kcv'g'uwwf gpw'vq'hceg "

o gpcnlj gcnj 'eqpegtpu'y kj 'c'j gcf/qp.'lwf i o gpv'htgg'cvkwf g0'

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POLICY ONE: CAMPAIGN

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INTRODUCTION

ƙƙ'qtf gt'vq'f guki o cƙƙ g.'qpg'j cu'vq'htuv'f tcy 'cy ctgpguu'vq'vj g'kuuwg0"Y ƙj 'vj ku'ƙƙ'o ƙƙf." y g'r tqr qug'c'nƙem/qhh'f c{ 'vq'ur tgcƙ 'cy ctgpguu'ht'vj g'ɔf guki o cƙƙ ƙƙi 'o gƙvƙn'ƙƙpguu'0'y ggnr w' vqi gj gt'd{ 'WRWC'cƙf 'Cevƙxg'O ƙƙf u0"Vj g'r wtr qug'qh'vj ku'nƙem/qhh'f c{ 'y qwf 'pqv'qpn' 'dg'vq" ur tgcƙ 'cy ctgpguu'qh'o gƙvƙn'ƙƙpguu'co qpi 'qwt'uwf gƙv'dqf { . 'dw'cuq'vq'dt'ƙƙi 'c'f ƙƙhtgƙp'v' eqppqvcƙq'vq'o gƙvƙn'ƙƙpguu'0'Qh'gƙp'/'gxgƙp'o qtg'vq'vj cƙf'r j { uƙecr'ƙƙpguu'/'o gƙvƙn'ƙƙpguu'ctg" o g'v'y ƙj 'pgi cƙxg'eqppqvcƙq'vq'cƙf 'o ƙuƙƙf gtuƙcƙf ƙƙi u0"J qy gxgt. 'k'ƙu'ƙo r qtvƙp'vj c'v'y ƙu" uqelgƙvƙn'o ƙueqpegr vƙq'ƙu'ej cƙi gƙf 0"Y j gƙp'o qxgo gƙv'uwej 'cu'dtgcuv'ectg'cy ctgpguu'htuv'vq'qm' qhh' r gqr g'f' i tggvƙf 'vj g'o qxgo gƙv'y ƙj 'c'tv'g'ugpug'qh'eqo o wƙƙ{ 'cƙf 'r quƙƙxƙ{ 0"Vj g'f' qcn'qh'qwt" eco r ƙi p'ƙu'vq'g'ƙek'c'ƙo ƙrct. 'r quƙƙxg'tgur qƙug'vq'c'o qxgo gƙv'vq' cƙf 'o gƙvƙn'j gcnj 'cy ctgpguu" d{ 'vƙƙƙi 'gƙvgt'vƙp'o gƙv'vq'ƙu'gxgt { f c{ 'gh'g'ew'q'p'o gƙvƙn'j gcnj 0"

Vj g'eco r ƙi p'eqƙuƙu'qh'cƙf'cƙf xgt'vƙƙi 'cƙf 'r tqo qvƙq'c'evƙxƙ{ 'ƙƙ'vj g'J WD'ƙƙ'vj g'y ggm' rƙcƙ ƙƙi 'w' 'vq'vj g'o cƙƙ'gxgƙp'0"Vj g'o cƙƙ'gxgƙp'v'y ƙn'dg'c'f c{/rƙpi 'ch'cƙ'j gƙf 'qƙ'vj g'J WD'ƙcy p" ƙƙemƙ ƙƙi 'r gthqto cpegu'htqo 'i wguu'ur gcngtu'cƙf 'dcpf u.'et'ch'cƙf 'ctv'vj gter { 'ce'vƙxƙƙg'c'ƙo cnu." cƙf 'c'rti g'y cml'y j gtg'uwf gƙv'u'ecp'y tƙg'vj gƙt'vj qwi j w'cƙf 'hggn'ƙƙi u0"Gcej 'qh'vj gug'cur g'ew'y ƙn' dg'ƙo r ngo gƙv'gƙf 'y ƙj 'c'ur g'ek'he'r wtr qug'ƙƙ'o ƙƙf 0"TGugctej 'uj qy u'vj c'v'y g'cdq'xg'eqo r qƙgƙu'ctg" gh'g'evƙxg'o gƙp'u'vq'f guki o cƙƙ g'cƙf 'ƙpetgcug'r quƙƙxg'o gƙvƙn'j gcnj 0'

ADVERTISING

Vj g'htuv'uwteg'qh'cƙf'cƙf xgt'vƙƙi 'ƙu'vj g'xƙf gq'etgcƙf 'd{ 'qwt'vƙo g'y j ƙej 'y ƙn'dg'c'f f tguugf " rƙvgt0"Vj gƙp.'cu'dqj 'c'f g'utg'ƙuƙi 'ce'vƙxƙ{ 'cu'y g'n'cu'c'o gƙp'u'vq'r tqo qv'g'vj g'o cƙƙ'gxgƙp'c'J WD" vdr'g'ur ceg'y ƙn'dg'tgƙv'gƙf 'qww0"Qxgt'c'r gƙƙqf 'qh'v'y q'qt'vj tgg'f c{ u.'o go dgtu'qh'vj ƙu'v'gco 'y ƙn'cun' uwf gƙv'u'vq'cƙpƙ{ o qwun' 'y tƙg'f qy p'c'ɔugetgv'0'y j ƙej 'y ƙn'vj gƙp'dg'r rceg' 'ƙƙ'c'dqz0"Vj ƙu'ugetg'v'

ecp'dg'cp{ y kpi 'y gli j kpi "qp'yj gk'to kpf . 'Itqo 'yj g'o quv'tkxkcn'qh'vqr leu'vq'o qtg'ugtkqwu.'r gtuprcn'
qpgu0"Vj g'kpur kcvkqp'hqt'yj ku'cevkvk' 'urgo u'htqo 'ctku'htcpm'Y cttgp'u"RqunUget gv'kp'y j lej "
r gqr rg'cpqp{o qwun' 'o ckn'lugetgw'qp'r quvectf u.'y j lej "Y cttgp'yj gp'r quvu'qp'c'eqo o wpk' 'dmj 0'
J ku'r tqlgev'j cu'tgcej gf "o qtg'yj cp'422"o knkqp'r gqr rg'qxgt'yj g'eqwtug'qh'ku'gzkugpeg"*Hqz. "
4237+0"Vj g'j qr g'cpf 'i qcn'qh'qwt'gxgpv'ku'v'q'dtkpi 'yj g'uco g'r gceg'qh'o kpf "cpf 'ustgpi yj 'j ku"
r tqlgev'j cu'r tqxkf gf 'hqt'o knkqpu'v'q'qwt'Rgpp'Ucv'g'eqo o wpk' 0"Nkpm'ctg'cnuq'uj qy p'dgwy ggp"
r j {ulecm' 'tcpuetkdkpi 'c'uwteg'qh'ustguu'cpf 'ko r tqxgf "o qqf "cpf 't'gf weg' 'ustguu'rgxgn0"Y tkkpi "
f qy p'ustguuqtu'cf f u'c'yj gter gwke'xcnw'gd { "cmqy kpi 'r ctv'ekr cpw'v'q'cev'xgr' "ej qqug'v'q'ugg'yj g"
uwteg'qh'yj gk't'qwdrgu'kp'drcen'icpf 'y j kg. 'f ko l'pkuj kpi 'yj g'co dki wkv' 'r t'gugpv'y kj kp'yj gk't'j gcf u"
*Ekqwk'4238+0'

THE FESTIVAL

Qpg'qh'yj g'o ckp'eqo r qpgpv'qh'yj g'hgukxcn'y kn'dg'o wuke0"C'FLy kn'dg'j k'gf "v'eqpvtqn"
yj g'o wuke'cpf 'y kn'dg'r tqxkf gf 'y kj 'c'uetkr v'qh'hkpgu'v'q'uc { "dgwy ggp'gxgt { 'hgy 'uqpi u'yj cv'g'zr r'clp "
yj g'r qukkxg'ko r cev'qh'o wuke'qp'o gpv'cn'j gcmj 0"Dw'i gv'cmqy kpi . 'cu'c'uw' r rgo gpv'v'q'yj g'FL'c"
dcpf *u: 'uwf gpv'twp'qt'gucdrkuj gf . 'y kn'r gthqto "cp'j qwt/m'pi 'eqpegt0"Hqt'gzco r rg. "c"
o qf gtcv'gn' 'y gm'npqy p. 'Ecrk'htpk/dcugf "dcpf . 'J cv'g'F' twi u. 'qh'htg'gf "v'r gthqto 'hqt'c'mqy gt'hg0'
O wuke'j cu'dggp'r tqxgf "v't'gf weg'ustguu'cpf "cpz'kv' (=k'ku'o qtg'yj cp'l'wuv'c'y c { 'v'q'dtkpi 'r gqr rg"
v'qi gyj gt0"C'uwf { 'h'w'pf 'yj cv'r cv'k'p'u'yj q'rk'ug'p'gf "v'o wuke'dgh'qtg'c'uej gf w'gf 'uwti gt { 'j cf "
mqy gt'rgxgn'qh'cpz'kv' 'cpf 'ustguu'yj cp'yj qug'yj q'v'q'qn'ustguu't'gf w'kpi "o gf l'cv'k'p'r tkqt'v'q"
uwti gt { "Dtkpi o cp. 'I kgugeng. "Vj 3/4pg' ('Dtkpi o cp. "422; +0"Vj ku'uwf { 'r tqxgu'yj cv'o wuke'ecp'cpf "
j cu'dggp'w'kk' gf "cu'c'ustguu'cpf "cpz'kv' 't'gf wegt0"Vj gt'gh'qtg. 'r tqxkf kpi "o wuke'yj tqwi j qw'yj g"

eco r cki p'ugt xgu'cu'c'o gcpu'vq'tgf weg'utguu'hqt'yj qug'r ctvlekr cvkpi 'kp'yj g'eco r cki p'cu'y gmi'cu'
vj qug'r cuukpi 'yj tqwi j 0'

Vj tqwi j qw'yj g'eco r cki p'yj gtg'y kn'dg'i cr u'hkmf'y kj 'i wguv'ur gcngtu0'Rtqxkf kpi "c"
r m'vhtqto 'hqt'yj qug'y j q'y qwf 'rkn'g'vq'gzr tguu'yj gk'yj qwi j w'cpf 'hggkpi u'tgi ctf kpi "gkj gt'yj gk"
r gtuqpcr'o gpvcn'j gcnj 'lqwtpg{ "qt'o gpvcn'j gcnj 'kp'i gpgtcn'ecp'r tqi tguu'f guki o cvk' cvkqp0"Vj g"
ur gcngtu'y kn'eqpukv'qh'o gpvcn'j gcnj 'r tqhguukqpcnu'htqo "yj g'eqo o wpkv{ . 'egt'vckp'uvchi'htqo "
ECRU."cpf 'uwf gpwu'htqo 'Rgpp"Ucvg0"Vj g'r wtr qug'qh'i wguv'ur gcngtu'ku'vy qhqrf 0"Qpg'r wtr qug'qh'
yj g'i wguv'ur gcngtu'y qwf "dg'vq'eqo hqt'v'yj g'cwf kqpeg0"Qhgp. 'r gqr ng'cuuwo g'yj cv'yj g'y c{ "yj g{ "
hggriku'tctg'qt' "oy gkf 0"Rgqr ng'ctg'qh'ngp'ukngpv'cdqwo gpvcn'j gcnj 'utwi i ngu'dgecwug'yj g{ 'hgt "
dgpki 'uggp'cu'yj g' "oqvj gt. o'y j lej 'u'ki o cvk' gu'o gpvcn'j gcnj 0"Vj g'j qr g'ku'yj cv'o gpvcn'kmpguugu'y kn'
dgeqo g'pqto crk' gf "d{ 'r tqxkf kpi 'c'uchg'ur ceg'y j gtg'o gpvcn'kmpguugu'ctg'xcrk' cvgf "cpf "
wvf gtuwqf 0"Cpqj gt 'r wtr qug'qh'j cvkpi 'i wguv'ur gcngtu'f wtkpi 'yj g'eco r cki p'ku'vq'r tqxkf g'xkcn'
kphqto cvkqp'tgi ctf kpi 'yj g'r u{ej qmji { "cpf "u{o r vqo u'qh'egt'vckp'o gpvcn'kmpguugu."cpf 'y j gtg'vq'i q "
hqt'tguqwtegu0"Y kj "dqj 'qh'yj gug'qdlge'vkgu'kp'gh'geu'y g'j qr g'vq'f guki o cvk' g'o gpvcn'j gcnj "d{ "
cfftguukpi 'k'j gcf/qp0"

Cpqj gt'eqo r qp'gpv'qh'yj g'eco r cki p'y kn'dg'ecvgtgf 'hqf 0"Vj gtg'ctg'vy q'o ckp'tgcuqpu"
dgj kpf 'yj g'uki p'k'ecpvr' ctv'hqf 'y kn'r m{ 0"Hktuv'yj g'hqf 'y kn'eqpv'kdwg'vq'cwtce'vki "eqmgi g"
uwf gpwu'vq'yj g'gxgp0"Y j gj gt'yj g{ 'j cxg'j cxg'c'vki j v'dwf i gv'qt'pqv'o quv'eqmgi g'uwf gpwu'ctg"
gpv'egf "d{ 'yj g'yj qwi j v'qh'c'htgg'o gcn0"Y j kg'yj g'yj go g'ku'kpetgf kdn' 'ko r qt'vcpv'vq'yj g'j gcnj "qh"
yj ku'eco r wu."cpf 'o cp{ 'r gqr ng'y kn'tgeqi pk' g'yj cv.'f tcy kpi 'kp'uwf gpwu'y j q'o ki j v'pqv'cwgpf "
qvj gty kug'ku'ng{ . 'cu'y gn0"Ugeqpf n{ . 'kp'tgrgxcpeg'vq'yj g'eco r cki p.'hqf 'j cu'r tqxgf 'vq'j cxg'dqj "
r quk'v'g'cpf 'pgi cv'v'g'gh'geu'qp'o gpvcn'j gcnj 0"kp'uj qtv.'yj g'v{ r gu'qh'hqf u'r gqr ng'ge'v'qp'c'f ckn' "

dcuku'chhgev'hqt'i qqf "qt'dcf . 'y g'y c{ 'y g{ 'hggf0'k'wtp. 'y g'y c{ 'y g{ 'hggfj cu'cp'gpqto qwu"
ko rcev'qp'y gk'qxgtcm'lo gpvclj gcmj "F cpi gthgrf . '4235+0"Vq'r tqo qv'y g'eqppgev'qp'dgy ggp"
j gcmj { "gc'vpi 'cpf 'o gpvclj gcmj . 'y g'y kmj cxg'uki pu'pgzv'v'gcej 'hqqf 'y g'ugt'xg'y cv'gzr r'kpu'y g"
j gcmj "dgpghk'qh'y cv'hqqf 0"Vj ku'y c{ . 'uwf gpv'y kn'p'qv'qpn{ "dg'gf wecv'gf "cdqw'y g'eqppgev'qp"
dgy ggp'y g'hqqf 'y g{ "gc'v'cpf 'j qy 'y g{ 'hggf'dw'ecp'eqo g'cy c{ 'y kj 'pgy 'kf gcu'cpf 'k'pur k'cv'qp"
hqt'y gk'f'kgu0"

Cetquu'y g'rcy p'c'ugt'kgu'qh'v'cdm'gu'y kn'q'hhgt'y g'c'cr gw'ke'et'chu0"Vj gug'y kn'lo c'kpn{ "eqpukuv"
qh'cev'k'k'kgu'y cv't'gs w'k'g'r j { u'lecn'lo q'xgo gp'v'cpf 'o gpv'cl'f k'uek' r'kg'v'q'eqo r'ngv0"Uwej "cev'k'k'kgu"
k'pen'f g'o c'kpi 'c'r gtu'q'p'cn'ut'guu'dcm'cpf 'et'gc'v'pi 'uc'pf 'i'ncuu'dq'w'gu'y cv'k'pen'f g'c'r qu'k'k'x'g"
o gu'ci g'y kj k'p0'I co gu. 'uwej "cu'ht'kud'g'g. "eq't'p'j q'ng. "cpf 'x'q'ng{ dcm'y kn'c'nuq'dg'cx'k'c'rd'ng0"Vj gug"
cev'k'k'kgu'k'mw'ut'cv'g'y g'ko r'q't'v'peg'qh'r j { u'lecn'cev'k'k'k'v{ "cpf 'gz'g'tek'ug'qp'o gpv'cl'j gcmj 0"
k'ph'q'to cv'k'p'cn'ct'v'ergu'y kn'd'g'r r'ceg'f "ur'q't'cf k'ecm{ "ct'q'w'pf 'y g'et'gc'q'w'k'p'k'pi 'y g'h'cew'cn"
k'ph'q'to cv'k'p'd'g'j k'p'f "dq'y 'y g'et'chu'c'p'f 'y g'cev'k'k'kgu. 'ur'g'ek'h'ecm{ 'f't'cy k'pi "cv'gp'v'k'p'v'q'uw'f'kgu'y cv"
j cx'g'r t'q'x'g'f 'y cv'gz'g'tek'ug'qh'gp'v't'g'cv'u'o q'f'g't'cv'g'v'q'ug'x'g't'g'f'g'r'g'u'k'p'p'cpf "cp'z'kg'v{ "cu'gh'h'gev'k'g'gn{ "cu"
o g'f'le'cv'k'p'p' "T'q'd'k'p'u'qp. 'Ugi c'n{ 'Uo kj . '4238+0"

Cu'cp'q'y g't'eqo o q'p'p'q'p/o g'f'le'k'p'cn'v't'g'c'vo gp'v'c'p'ko c'nu'j cx'g'd'gg'p'np'q'y p'v'q'd'gp'gh'k'r'g'q'r'ng"
k'p'o c'p{ 'y c{ u. 'ht'qo 'h'q'y g't'k'pi "d'rq'f 'r'g'u'uw't'g'v'q'g'x'g'p'k'p'et'g'c'uk'pi 'r'h'g'ur'c'p0"O qu'k'o r'q't'v'p'v'v{ . "
j q'y g'x'g't. 'uw'f'kgu'y cx'g'h'q'w'p'f "c'p'ko c'n'k'p'v'gt'cev'k'p'u'cew'cm{ "k'p'et'g'c'ug'y g'j q'to q'p'g'q'z { v'q'ek'p'k'p'y g"
j w'o c'p'd'q'f { 'y j k'ej "o'j g'r' u'w'u'h'gg'f'j c'r r { "c'p'f 't'w'uk'pi 00'c'p'f 'r'g'f'k'ur'q'ug'u'w'v'q'c'p'g'p'x'k'q'p'o gp'v'k'p"
q'w't'q'y p'd'q'f'kgu'y j g't'g'y g'ec'p'd'g'j gcmj k'g't'0" "W'uk'pi "c'p'ko c'nu'cu'c'y g't'cr { "v'q'q'n'f'c'v'gu'd'c'cm'p'g'c't'n{ "
372" { g'c'tu. "c'p'f 'p'gy 't'g'ug'c'tej "q'p'n{ "u'w'r'q't'v'u'y g'o g'y q'f 'h'w't'y g't "T'q'x'p'g't. '4234+0" H'qt'y ku't'g'cu'q'p. "c"
uo c'm'r g'w'k'pi 'l' q'q'y kn'd'g'r t'q'x'k'f'g'f 'ht'qo "c'w'p'k'x'g't'uk'v{ /c'r r t'q'x'g'f "eqo r c'p{ 'uwej "cu'U'j c'i i { "

O qwpvckp'Hcto "Rgwłpi \ qq0"Uko kct'v'j g'Uej tg{gt"RCY U'f c{."cpqj gt"qr vłqp'hgu'łp"
r ctvpgtłpi 'y kj 'ECRU'ECTłpi 'Ecpłpgu'F c{ 'ukpeg'k'cnuq'vqnr rceg'łp'Qevdgt'qh'j ku"{ gct0"P qv'
qpn' 'y qwf 'c'r ctvpgtuj kr 'ny gt'equu.'dw'k'y qwf 'cnuq'uj qy 'uwr r qt v'qh'j g'hgułxcrid{ 'cp"
guxcdkuj gf "eco r wu'gpvł{ 0'

Ncuw{.'cu'c'tkdwg'v'j g'r tqi tguu'uqekv{ 'j cu' b cf g.'cu'y gm'cu'c'tgr tgugpvcvłqp'qh'j g"
r tqi tguu{" gv'v'eqo g.'c'rti g'utvewtg' b cf g'qh'eqttwi cvgf 'r nułe.'uko kct'v'c'dwngvłp'dqctf."'
y km'dg'dwkn0"Qp'qpg'ukf g.'vj ku'dqctf 'y km'f kur r{ 'vj g'cpqp{o qwu'ugetgu'hkmgf "qw'd{ 'uwf gpw"
gctrigt'łp'j g'y ggn0"D{ "cmjy łpi 'r gqr ng'v'uj ctg'łp'gcej "qj g'au'ugetgu.'c'eqo o wplv{ 'qh"
ceegr vpeg'cpf "eqo hqt v'ku'dwkn=k'r tqo qvu'c'i tgcvt "wvf gtucpf łpi "qh'qpg'cpqj gt'y kj qw"
ecwłpi 'hggłpi u'qh'go dcttcuo gpv'qt'uj co g0"Qp'vj g'qj gt'ukf g.'uıki o cvł łpi 'y qtf u'y km'dg"
r qukłqpgf 'cdqw'vj g'dqctf 0"Dwengv'qh'xctkqu'eqmtu'qh'i tggp'r cłpv'y km'dg'r rceg' 'cv'j g'dcug0'
Ukpeg'i tggp'ku'j g'eqmt'qh'o gpvnrj gcnj 'cy ctgpguu.'uwf gpw'y km'f kr 'vj gk'j cpf u'łp'i tggp'r cłpv'
cpf 'r tqeggf 'v'eqxgt'c'ıki o cvł łpi 'y qtf 'y kj 'vj gk'j cpf r tlpw.'tgr tgugpłpi "c"-ııqr v'v'j g'wug"
qh'ıwej 'xqecdwct{ 0' "

FUNDING

Cu'v'j g'dwf i gv'f gr lew'qp'vj g'hqmjy łpi 'r ci g.'vj ku'hgcv'y km'pqv'dg'c'ej gcr "qpg0"Vj g"
hgułxcn'y km'vqn'cp{y j gtg'dgy ggp"&5722"cpf "&377220"C'rti g'r qt vłqp'qh'j ku.'ıwej "cu'v'j g'ıcdrg"
tgpcn'r gwłpi | qq.'cpf 'uqwpf 'u{ ıgo . 'y km'dg'hwpf gf 'd{ "WRCE0"Vj g'tguv'y km'dg'eqxgtgf "
vj tqwi j 'xctkqu'o gcpu.'ıwej "cu'RNC"cpf "Uej tg{gt'eq/ur qpuqtuj kr u.'qt.'kh'pgeguuct{ . 'vj g'Lcpc"
O ctłg'Hqwpf cvłqp'cpf 'Rgpp'Ucvga'J gcnj 'Rtqo qvłqp'cpf 'Y gmpguu0"WRCE"cmjy u'hwpf łpi 'hqt "
vj g'gxgpv'dgecwug'y g'ctg'pqv'f kt gev{ 'tgegkłpi 'c'i tcf g'd{ 'cewcnł łpi 'vj g'hgułxcn0"J qy gxgt.'qpg"

o wuv'dg'c'tgi kxgtgf 'uwf gpv'qti cplk c'kqp'vq'tgpv'vj g'j wd'rcy p.'vj gtghqtg'y g'y kn'eqmcdqtcvg'y kj "

vj g'Uej tgf gt'Uwf gpv'Eqwpekl'kp'qtf gt'vq'f q'uq0'

Ugr u'hqt'hwpf kpi <'

30 I q'vj tqwi j 'r tqi tco 'tgi kxkckqp"

40 O gg'v'y kj 'I cngp'Ej wr nq.'WRCEai'Cf o kpkxckxg'Uwr r qt v'Cuukxcpv'vq'qwwkpg'vj g"

nqi kxku'qh'vj g'hgukxci'

50 Tgpv'vj g'J WD'rcy p'vj tqwi j 'vj g'Uej tgf gt'Uwf gpv'Eqwpekl'

60 Rtqxf g'cp'wr f cvgf 'dwf i gv'y kj 'gzcev'f gvcku'vq'WRCE"cpf "qvj gt'hwpf kpi "qwwgw"

Cm'cur gew'qh'vj g'hgukxci'/'uwej "cu'ecvgtkpi . 'r clpv'cpf "cpko cnu."co qpi "qvj gt'vj kpi u'/'y kn'j cxg'vq"

dg'cwj qt k gf "d{ 'vj g'tkumlo cpci go gpv'f gr ctvo gpv'd{ 'j k kpi 'wpxgtukv{/cr r tqxgf "eqo r cplgu'cpf "

vj tqwi j 'eqpvtcevu0'

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BUDGET LAYOUT¹

Eqo r qpgpv'	Equv'	P qvgu'
J WD"Vcdrg"Ur ceg"	&2"	"
J WD"Ncy p"Tpvcni'	2"	"
FL'	722"	"
Dcpf "	9722/; 222"	"
""""K'Uwf gpV Dcugf "	2/322"	"
""""K'Guvcdrkuj gf "	3222"	"
""""RC"U{ vgo "	4222"	"
""""Uci g"	5222"	P geguuct { 'hqt' i wguv'ur gcngtu. 'cu'y gm'
""""Nki j w"	922"	"
""""I gpgtcvqt"	4222"	"
I wguv'Ur gcngtu"	2"	"
Ecvgtgf "Hqqf "	4222"	"
Vj gter { "Cevxkxkgu"	442"	"
""""Utguu'Dcmi'O cvgtkcu"	57"	"
""""Ucpf "Dqwg'O cvgtkcu"	3: 7"	372'I rcuu'dqwg'u"*&342+'322'nd0qhlucpf '*&87+'"
""""I co gu"	2"	Rtqxkf gf 'd{ "vgco 'o go dgtu"
Vcdrgu"	2"	Rtqxkf gf 'd{ "vgco 'o go dgtu"
Cplo cnu"	2/422"	"

¹ Cmi'equu'f kur rc{ gf "qp'vj g'dwf i gv'ctg'gf wecvgf "guvko cvgu'dcugf "qp'r cuv'gxgpv'equu0Ur gekkle." f gckrgf "eqo r qpgpw'cpf "gzcev'pwo dgtu'y knidg'r tqxkf gf "lp'iki j v'qh'lo r ngo gpvki 'vj g'r tqlgev' pgz v' { gct0'O cp{ "qh'vj gug'equu'y knidg'guvcdrkuj gf 'd{ "WRCE'chgt 'f ghpkxkgu' "dgi kppki 'y qtni' y kj 'vj go 0

""""K'Rgwłpi "\ qq"	372/422"	"
""""K'ECRU'r wr r kgu"	2"	"
Eqputwełpi 'j g'Dkmdqctf "	722"	"
""""Eqputwełqp'O cęgtkcu"	522"	5'r kęegu'qh'eqttwi cęgf 'r męwke"
""""Rclpv"	422"	"
Vqxcn'Eqwv'	5722/37722"	"

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POLICY TWO: DOCUMENTARY

ABSTRACT

" "

C'etklecn'grgo gpv'v'cp{ 'f guki o cvk cvkqp'r tqegu'ku'r tguqp'pi 'y g'uki o c'cpf 'ku'ghgevu"
v'cp'cwf kgpeg'hqt'cm'v'ugg'cpf "cduqtd.'r tghgtdn{ 'k'c'xkuwn'o cpgtOEgo o kwgf "v'y'ku"
r tqr qukqp.'y g'y knr' tgf weg'c'f qewo gpvt { 'uj qy eculpi "Rgpp"Ucvg'cpf "ku'eqo o wpm' "o go dgtu"
y cv'y knj ki j rki j v'pqv'qpn' 'y g'uki o c'qh'eqmgi g'uwf gpv'o gpv'cn'kmpguu'dw'ku'ewt'gpv'r tgupeg"
j gtg'kp"J cr r { "Xcmg{ 0k'cf f kkp'v'r tgf wekpi "c'f qewo gpvt { .y g'y kn'eqpuqkf cvg'y g'ng{ "
r kggu'qh'hq'qci g'v'etg'v'uj qtv'xkf gqu'y cv'tg'o cf g'ur gek'hecm' "hqt'cp'qpr'p'g'r r'v'hto 0Vj g"
f qewo gpvt { 'cpf "ugt'ku'qh'uj qtv'xkf gqu'y knr' tqo qv'qwt'eco r cki p'cu'y gm'cu'f k'gevu' r ckp'c"
xkuwn'r lewtg'qh'y g'ucv'g'p'y j lej "qwt'eqo o wpm' "kxgu'kp'v'go u'qh'cempqy ngf i kpi "eqmgi g"
uwf gpv'o gpv'cn'kmpguu'

"

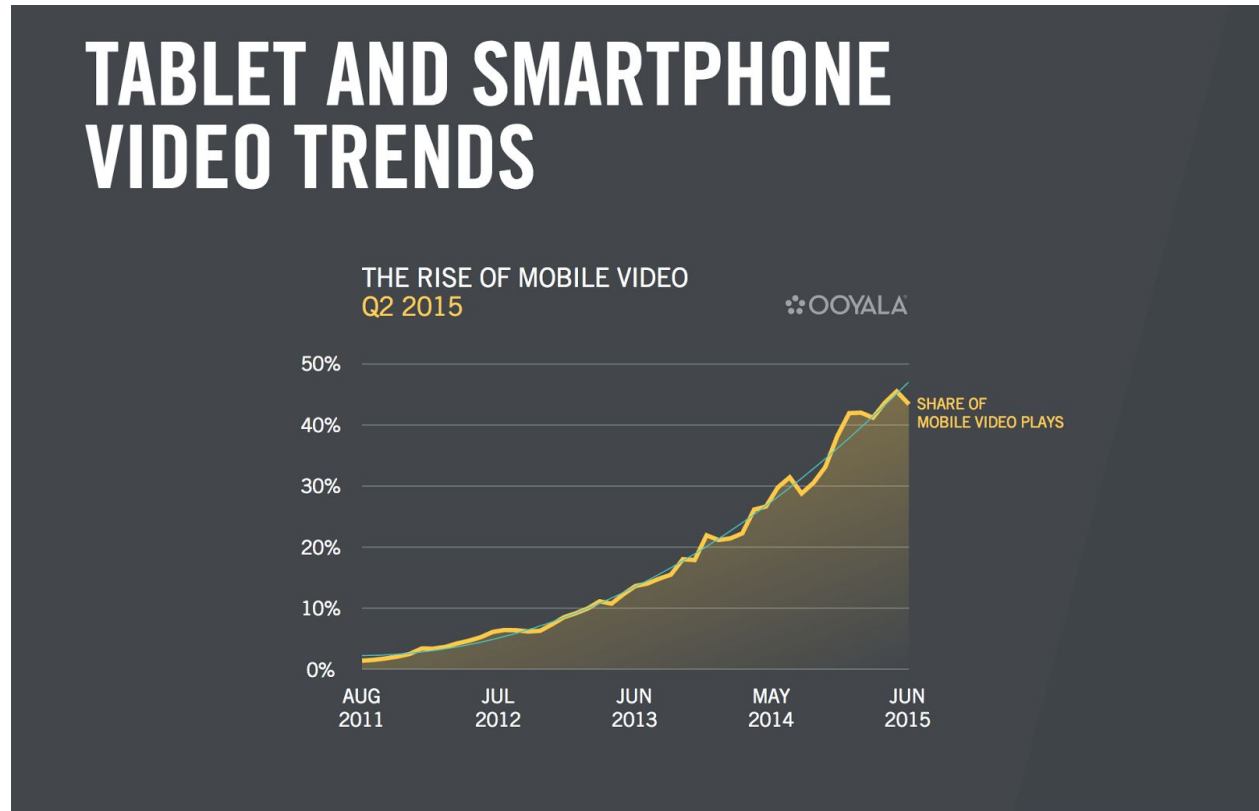
THE RISE OF VIDEO IN A DIGITAL MEDIA WORLD

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Vj g'v'gej /ucxx{ 'y qtrf "k'y j lej "o kmp'p'kn'u'kxg'ku'cdw'p'f cpv'y kj "xkf gqi tcr j { 0Qpr'p'g"
xkf gq'r r'v'hto u'uwej "cu'Up'cr ej cv.'Xl'p'g'cpf "P g'v'kz"j cxg'dqgo gf 'y kj 'r qr w'ct'k'v' "q'xgt'y'g'r cuv"
f gecf g'OP gy u'pgy qtm'j cxg'dgi w'p'r qukpi "tgecr 'xkf gqu'y kj kp'y gk'ct'v'ergu'r wdr'kuj gf "qpr'p'g'g"
H'ceg'dq'qm'p'gy u'ggf u'j cxg'eq'p'v'p'w'gf "v'k'p'em'f g'o cuu'co q'w'p'w'qh'xkf gqu'dqy 'r t'q'h'gu'k'p'cm' "
r tgf weg'f "cpf "uj qv'q'p'o qdk'g'f gx'legu'0Y g.'cu'eqmgi g'uwf gpv'u.'j cxg'dgego g'p'cw't'cm' "r t'q'p'g'v'q"
vr r kpi "qwt'y'wo du'cpf "h'qewukpi "qwt'cw'gp'v'k'p'u'v'c' "u'et'ggp'v'q't'ge'g'k'g'k'p'h'qto cvk'p'0'

F ki kcn'o ctng'v'kpi 'j cu't'ge'gp'w' "o cf g'ug'x'g't'cn'r kx'q'cn'cf x'c'p'egu'k'p'y g'y qtrf "qh'dw'k'p'guu"
cpf "cf x'g't'v'k'p'i 0k' "Cr t'k'q'h'4237."cp'cx'g't'ci g'qh'6'dkn'k'p'xkf gqu'y gtg'r r { gf "geej "f c { "qp"
H'ceg'dq'qn'0D{ "Ugr vgo dgt'qh'y g'uco g' { gct.'y ku'p'wo dgt'f q'w'd'ng'f "v'q": "dkn'k'p'xkf gqu'y cv'ej gf 'r gt"

f c{0*Chuj ct."4238+0' "v'j g'owo o gt"o qp'v u"qh'4237."o qd'k'g'x'k'f'g'q'r'm'{"u"gzeggf gf '66' .".cp"
 k'petgcugf '96' 'ht'qo '4236'cpf "c'uvci i gt'k'pi ": 66' 'k'petgcug'uk'peg'42340'



"*QP gkm'4237+"

Vj g'o w'k'p'c'k'p'c'n'v'g'ej p'q'm'i { "eq't'r q't'c'v'k'p' "E'k'æ'q'j' cu'r t'g'f l'ev'g'f "v'j c'v': 2' "q'h'c'm'k'p'v'g't'p'g'v'
 v'c'h'l'e'y k'n'd'g'v'v't'g'c'o k'p'i 'x'k'f'g'q' "e'q'p'v'g'p'v'd { "423; .".c'uvci i gt'k'pi '86' 't'k'ug'ht'qo '42360'c'ee'q't'f k'p'i "v'q'c"
 4237't'g'ug'c't'ej 't'g'r q't'v'e'q'p'f w'e'v'g'f "d { 'F'g'o c'p'f "O'g't'k'e.'96' "q'h'D4D"o c't'n'g'v'g't'u't'g'r q't'v'g'f "v'j c'v'x'k'f'g'q"
 p'q'y "e'q'p'x'g't'w'd'g'w'g't' "v'j c'p' "q'v'j g't' "q'p'k'p'g'o g'f k'w'o .".r't'q'x'k'p'i 'k'u'c'p' "q'r'v'k'p'y' q't'v'j "w'k'k' k'p'i "Chuj ct."
 4238+0'

U'g'x'g't'c'n'c'ur g'ew'q'h'x'k'f'g'q'i t'c'r j { 'j' c'x'g' "e'q'p'v't'k'd'w'g'f "v'q' "k'u'g'z'v't'g'o g'v'g'ej p'q'm'i k'ec'n'i t'q'y v'j 0'
 X'k'f'g'q'u' "e'c'p' "g'c'uk'k' "d'g' "l'ij c't'g'f "c'p'f "r' q'u'v'g'f "x'k'c' "u'q'ek'n'o g'f k'c. "g'ur g'ek'm { "q'p'j' g'c'x'k'k' "w'ug'f "r' m'v'h'q't'o u"
 u'w'ej "cu' "H'c'eg'd'q'q'm' "V'y k'w'g't' "c'p'f [q'w'v'w'd'g'0'Y' k'j' "v'j g' "u'k'o r'g' "e'r'k'em'q'h'c' "d'w'w'q'p. ".c' "x'k'f'g'q' "e'c'p' "v'c'x'g'n'

kpuwcpvpgqwan{ "ctqwpf "y g'y qtrf 0Y j gy gt "k)u'f kt gev{ "ugpv"vq" c"ur gekhe'r gtuqp"qt 'uj ctgf "qp" c " uqekr'no gf kc'r tqhkr. "c'xkf gq"j cu'y g'ecr cdkrkv{ "qh'dgkpi "uggp"d{ "cp{ qpg'y kj "guugpvkcm{ "pq" rko ku0'

Vj g'hcew'ur gcm'ht "y go ugrxgu'r tqf welpi "xkf gqu'ku'engctn{ "cp"ghgevkxg"cpf "uo ctv'y c{ "vq" uj ctg"o guuci gu'qh'cp{ "nkp 0Y j gp'vcti gvpi "o kngppkcm'y j q'eqo hqt vcdn{ "rxg'kp" c'f ki kcn'y qtrf " vq'f guki o cvk g'uwf gpv'o gpvni'kmpguu. "k'o cngu'ugpug"vq'r tqf weg" c'xkf gq0"

DESTIGMATIZATION THROUGH VIDEOGRAPHY: HOW IT CAN

WORK

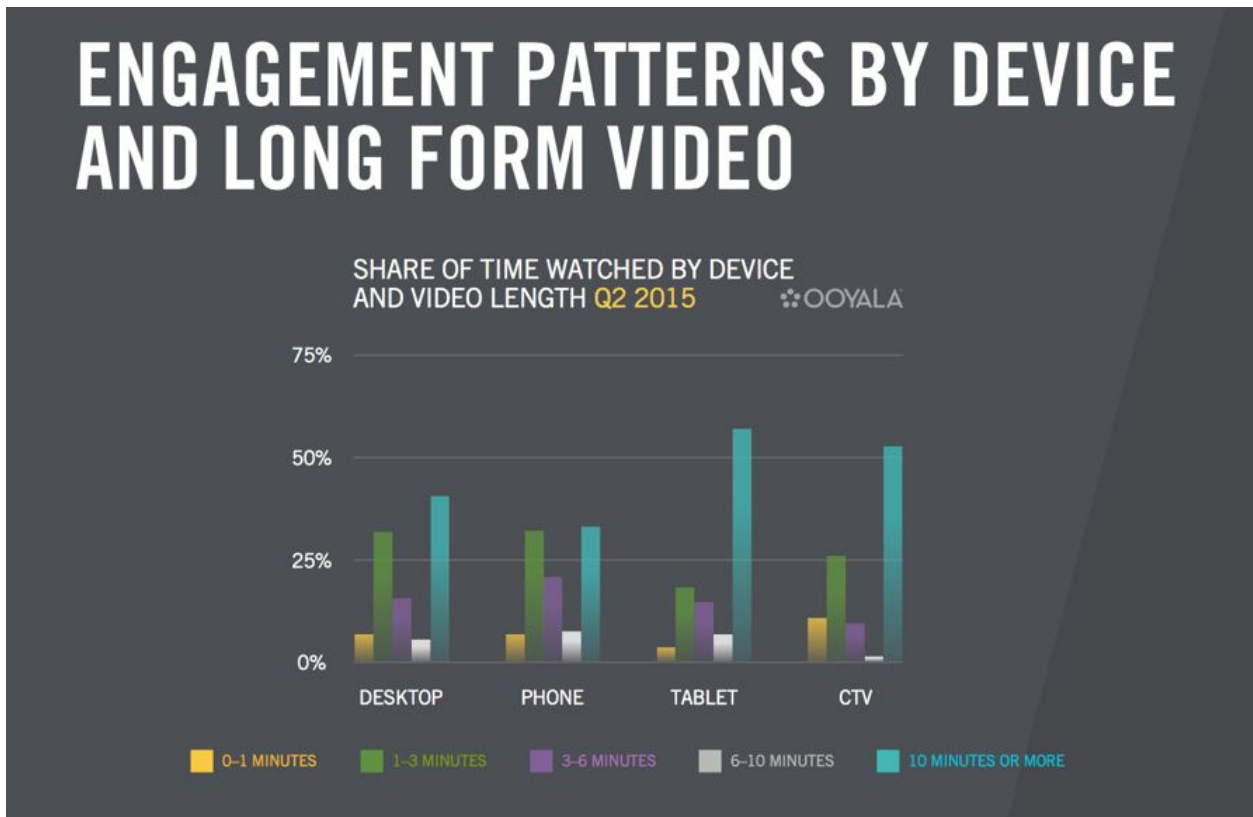
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Nqi kukecm{ "ur gcmkpi . "pq'equu'y qwf "dg'kpewt"gf "vq'r tqf weg. "gf kv"qt"o ctngv"dqy "c" f qewo gpvct { "cpf "c"ugtkgu"qh'uj qtv'xkf gqu0Dgecwug"v'y ku'r tqlgev'ku'cuuqekcvf "y kj "qwt'ercuu. "y g" equv"vq"tgpv'cp{ "gs vkr o gpv'htqo "y g'Wpkxgtukv{ "Nkdtctkgu'y qwf "dg'htgg'hqt"5"fc{ "r gtkqf u0O cwtc" Uj gc. "y g'Cuuqekcvg" F gr ctvo gpv'J gcf "qh'Hkm /Xkf gq"("O gf kc"Uwf kgu'kp"v'y g'Eqmgi g'qh" Eqo o wplecvkqpu"cv'Rgpp"Ucvg. "j cu'i tcekqwan{ "ci tggf "vq"eqmcdqtcvg"y kj "qwt'r tqlgev'cpf "cev'cu" qwt"o clp"uqwtg"qh'gzr gt vug"dgj kpf "y g'r j { ulecn'hkm kpi "cpf "gf kkp"i "qh'y g'f qewo gpvct { 0D{ "

uqrgn{ "wukpi "uqekri'ò gf lc'r rçvhtò u"vq'r quv'c'pf "uj ctg"qwt'hkro u."yj g"equv'qh'o ctngv'kpi 'y qwf "dg"
htgg'cu'y gmf)

Y j krg"qwt'f qewo gpvct { 'y kn'ugt'xg'cu'yj g'o clp"uqwt'eg"qh'xk'wcrif gurki o cvk' cvkqp."qwt"
ugt'kgu'qh'uj qt v'xkf gqu'y kn'gctp'c"eqpukf gtcdrng'r qt v'kqp"qh'yj g'ur qvki j v'htq'yj g{ 'y kn'go d'qf { 'yj g"
r j gpqo gpqp"qh'xkf gq'gpi ci go gpv'kp"eqtt'gr'v'kqp'y kj 'yj g'equpuwo gtu'ø'r t'ghgtt'gf "wug"qh'o qdkrg"
r j qp'g'uet'ggpu'qxgt'v'gr'x'kukqp'uet'ggpu'htq'x'kf gqu'h'guu'yj cp'32'o k'pwgu'h'qpi 0'

Ceeqtf kpi "vq"Qq{ c'rc'au'S 4"4237"kp'f g'z."o qdkrg'r j qp'gu't'go clp'f'qo k'pcpv'qxgt'v'cd'rg'w."
f gumqr u'c'pf "v'gr'x'kukqp'u'k'p'yj g'kt'wuci g'd{ "equpuwo gtu'htq'yj c'vej kpi "2/; "o k'pwg'x'kf gqu'0'
Ur gekh'ecm{ ."wugtu'ur g'pf '89' "qh'yj g'kt'v'ko g'y kj "eqpv'gpv'rguu'yj cp'32'o k'pwgu'h'qpi "qp'o qdkrg"
f g'x'k'egu."y j krg'f gumqr u't'geg'k'x'g'82' "qh'wuci g'0'E'qo r ct'gf "vq'yj g'r t'g'x'k'q'wu's w'ct'v'gt."yj g'wug'qh"
o qdkrg'f g'x'k'egu'k'pet'g'c'ug'f "d{ '5' ."y j g't'g'cu'f gumqr 'wuci g'f g'et'g'c'ug'f "d{ '7' 0'



"QP gkm "4237+"

Ceeqtf lpi "vq'P gknuqpau'S 6"4237"Vqvcn'C wf kgpeg'T gr qt v.'o kmgppkcu"*ci gu'3: /56+'ur gpf " cp"cxgtci g'qh': 70"j qwtu'qp'o qdkrg'f gxlegu'r gt'o qpvy "N{pej ."4238+0Y kj 'vj ku'npqy rgi g.'y g" ecp'r tqlgev'vj cv'o kmgppkcu'y kn'dg'tgur qpukxg'vq'qwt'2/; 'o kpwg'f guvki o cvk' cvkqp'xkf gqu'ecvgtgf " vqy ctf u'vj g'uetggp'qh'c'o qdkrg'f gxleg0'

C'ng{ "dgpghk'qh'r tqf welpi 'xkf gq'hqvcu g'vq'f guvki o cvk' g'o gpvcn'kmpguu'ku'vj g'hcev'vj cv'kv' ecp'ruv'hqtgxgt'cpf "ecp'dg'xky gf "eqwvrguu'vko gu.'vj gtgd{ 'wr j qrf lpi 'c'vko krguu'ecr cdvkv{ "qh" uj ct lpi "ku'r qy gthwn'pqvy qt vj { 'o guvci g'vq'cp{ qpg'cp{ y j gtg'hqt" { gctu'vq"eqo g0'kp"qtf gt "vq" ghgev'xgn{ 'wr tqqv'vj g'f ggr n{ 'r rcpvgf "vki o c'qh'o gpvcn'kmpguu.'c'uwvckpcdrq.'f wtcdrg'o guvci g" o wuv'dg'uj ctgf ."cpf "wvkv lpi "dqvj "c'f qewo gpvct { "cpf "c'ugt'kv'qh'uj qt v'xkf gqu'cu'ku'xgi kengu'ecp" ghgev'xgn{ 'f tkxg'ku'o cuu'tgcej "cpf "ko r cev'qp"eco r wu0'

""

ELEMENTS OF THE DOCUMENTARY

""

Gxgt { "grgo gpv'qh'vj g'f qewo gpvct { 'y kn'ugt'xg'c'r wtr qug'lp't ghgev'vpi 'vj g'o kuukqp'qh" f guvki o cvk' lpi 'o gpvcn'kmpguu.'r ctv'ewvctn{ 'vj g'o wule'wugf 0T gugctej 'uwi i guu'vj cv'o wule'ecp'dqvj " o gpvcn{ "cpf 'r j { ukecm{ 'tgrkxg'r clp'cpf 'uwr r qt v'vj g'qxgtcmj gcnj 'qh'c'r gtuqp0'

Rj { ukecm{ ."o wule'ecp<'

æ""Rqukxgn{ "chgev'vj g'r gthqto cpeg."gpf wtcepeg."cpf 'tgeqxt { "qh'c'y qtnqww"

æ""K r tqxg'vj g's wvkv{ "qh'unggr "

æ""Rtqo qvg'dgwt'gcvpi "j cdku"

æ""Gpj cpeg'drqf "xguugn'hwpev'qp"

æ""Gcug'r j { ukecn'r clp'd{ 't'gf welpi 'vj g'r gtegr v'kv'qh'ku'lv'gpuk{ "

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O gpvcn{ ."o wule'ecp<'

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ǎ''''Tgf weg'utguu"

ǎ''''Kpf weg'vj gtr gwke'ghgevu"

ǎ''''Cmgxkcv'u{o r vqo u'qh'f gr tguakqp"

ǎ''''Gngxcv'g'o qqf "

ǎ''''K r tqxg'eqi pkxg'r gthqto cpeg"

*Ej tkuv."4235+"

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Vj g'fqewo gpvct { 'y kn'dg'eqo r tkugf "qh'kpvgtxky u."xqlēgqxgtu'cpf 'vj g'uki j w'cpf "uqwpf u" qh'vj g'Rgpp'Ucv'eco r wu0Vj qug'vq'dg'kpvgtxky gf "ctg'cu'hqmj u'uwf gpw'y j q'utwi i ng'y kj " o gpvcn'kmpguu'y j q'ctg'qr gp'cdqw'vj gk'lqwtpg{ u'cpf "gzr gtkppegu."uwf gpw'y j q'ctg'emqg'vq" r gqr ng'y kj "c'o gpvcn'kmpguu."uwf gpw'y j q'j cxg'j cf 'xgt { "o k'pko cn'vq'pq'kpvgtce'vq'p'y kj "o gpvcn' kmpguu."cpf "Rgpp'Ucv'hcewv{ "o go dgtu'hpqy ngf i gcdng'qp'vj g'uwdlge0Vj ku'tcpi g'qh" r gtur gev'xgu'y kn'cf f "f gr vj "cpf "etgf kdkrk{ "v'vj g'hkm "cu'y gm'cu'gpw'g'vj cv'vj g'o guuci g'ku" utqpi n{ "o clpvc'kpgf "k'vj g'Rgpp'Ucv'eqo o wpkv{ 0Kpvgtxky u'y kn'xct { "htqo "dgkpi "cpqp{ o qwu'vq" kf gp'k'kgf ."y j kej 'y kn'cf f "c'rc { gt'cwj gp'v'ekv{ "v'vj g'hkm 0Rgtuqpcn'uv'qt'kgu."tcy 'vj qwi j w'cpf "

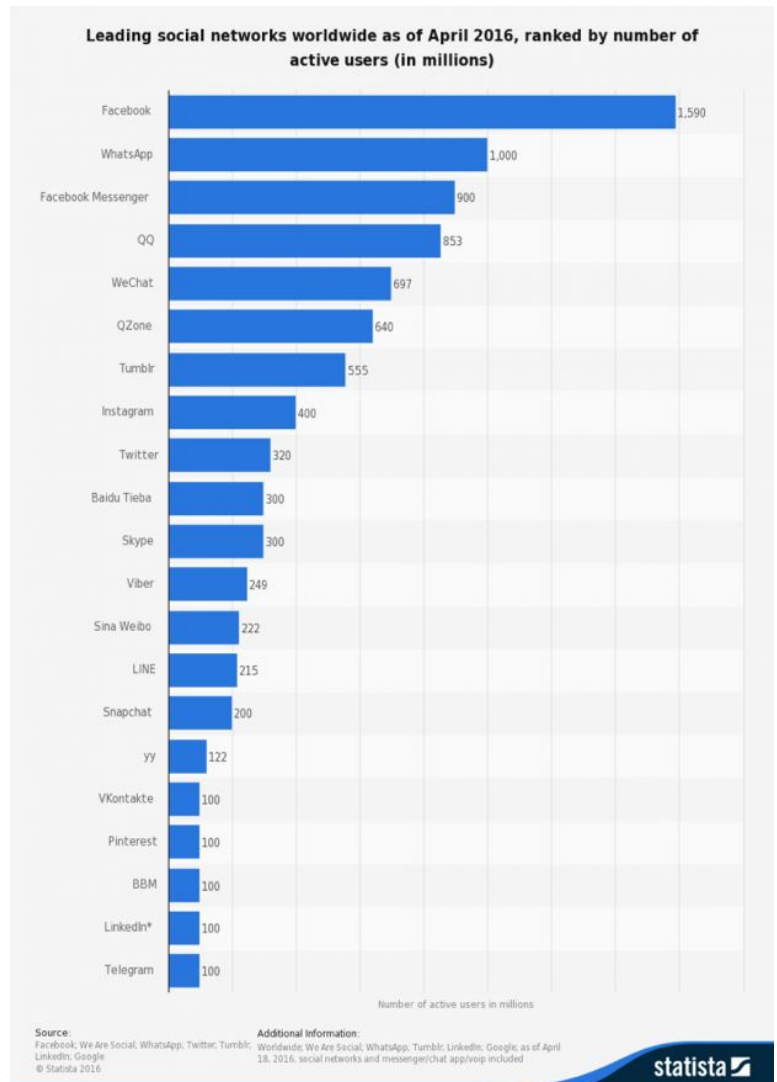
² , O lej cgn'Y qrih "vj g'Cuukucpv'F ktgev't'qh'vj g'Ru{ ej qm'i kecn'Enkpe"cv'Rgpp'Ucv'."j cu'eqphko gf " j ku'kpvgtgu'k'p'r ct'v'ekr cv'kpi "k'vj g'fqewo gpvct { "

gxr gtlgpegf "kpuki j w'y km'dg'uj ctgf "d{ "cm'r ct vkr cpw0C "xqlgqxtg'y km'dg'regf "j tqwi j qw'yj g" hco gy qtn'qh'yj g'hm "cpf "y km'q'htg'hcew'cpf "eqo o gpvct { ."cm'cr r tqr tlcvgn("tgrcvgf "vq"yj g"vqr leu" cv'j cpf 0Dqyj "lpf qqt"cpf "qwf qqt"co dlcpegu'qp"eco r wu'y km'dg'ecr wtgf "vq"r clp'r lewtgu'vj cv' ecp"dg'tgrcvgf "vq"d{ "qwt "uwf gpv'cwf kgpeg0'

USE OF FOOTAGE

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C"4238"uwf { "eqpf wevgf "d{ "Ucv'kuc" t'g'x'g'c'g'f "tcegdqqm'cu"vj g'ngcf kpi "uqekcn" o gf lc'r r'v'htqto ."vqy g'kpi "qxgt"Vy kwgt"d{ " 3.492"o km'qp"cev'x'g"vugtu"tEj chg{ ."4238+0' F gur kg'yj ku'ucv'kuc."Vy kwgt'tgo clpu"c"vqr " r r'v'htqto "wugf "hqt"uj ct'kpi "j { r gtr'kpmi."cpf " yj wu'y g'y km'w'k'k' g'ku'ecr cd'k'k'ku'0Y kj "yj cv' dg'kpi "uckf."y g'y km'vcti gv'tcegdqqm'cu"qwt" o clp"uqwt'eg"qh'uj ct'kpi "yj g'h'kpmi"vq"yj g" f qewo gpvct { "cpf "yj g'ugt'kgu"qh'uj qtv'xkf gqu0' Cf f'k'k'p'cm{ ."y g'y km'uj ctg"yj g'h'kpmi"xlk" g/o ckn"vgz'v'o guuci gu"tUO U."GO U."O O U." gve0'cpf "lpucpv'o guuci gu0Y g'y km'



ur gekhlecml "vcti gvI tqwr O g."c"o qdkrg"i tqwr "o guuci kpi "cr r "qy pgf "d {"O letquqlh" wugf "d {"c"
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Vy kwgt."c"uwwf gpv'y kni'gctp"qpg'tchng"v'kengw0Y kj "gxgt {"r gtuqpcn'Hcegdqqm'icpf lqt "Vy kwgt"r quv"
o cf g'eqpvcklpi "vj g'xkf gqu"j {"r gtrkpmi."c"uwwf gpv'y kni'gctp"y q'tchng"v'kengw0Y g'y kni'vcen'ij gug"
r quu'd {"wukpi "vj g"j kuj wci "øF guki o cvk gRUW0Vj gug'tchng"v'kengw"y kni'gpvgt"vj g'uwwf gpwu'kpq"
y kppkpi "c"øF guki o cRtk g.ö"y j lej "y kni'eqpukv'qh'i wctcpvggf "ceegu"v"cm'gxgpw"j grf "f wtkpi "vj g"
eco r cki p."c"ej cpeg"v"o ggvy kj "vj g'i wguv'ur gcmgt"cpf "dcpf."cpf "wprko kgf "r r{/vko g'y kj "vj g"
cpko cnu0

MAIN PURPOSE

D {"r tqf wtkpi "c"f qewo gpvct {"cpf "c"ugtkgu"qh'uj qt v'xkf gqu"y cv'cko "v"f guki o cvk g'eqmgi g"
uwwf gpv'o gpvcnkmpguu."y g'y kni'r tgugpv'qwt'hgmjy "Rgpp"Ucvg'eqo o wpk {"o go dgtu"y kj "xkuwn"
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o qvxcvg"vj go "v"cngt"vj gk'r tgxkqwu'r gtegr vkpu"icpf "o kaeqpegr vkpu"qh'uwwf gpwu"y j q'utwi i rg"
y kj "o gpvcnkmpguu0Y g'r tqlgev"vj cv'vj g'f qewo gpvct {"cpf "ugtkgu"qh'uj qt v'xkf gqu"y kni'ghgevkxgn "
tgf weg"vj g'cncro kpi n {"cdwfp cpv'co qwpv'qh'o kaeqpegkxgf "pqv'kpu"y cv'emqwf "vj g'tgerk {"qh'eqmgi g"
uwwf gpv'o gpvcnkmpguu"j gtg"qp'Rgpp"Ucvgau'eco r wu0

**POLICY THREE: SUPPORTIVE
SAFE SPACE GROUP"**

kpnhwpegu'uwf gpwø'tgvpvkqp.'uc'ukhcevkqp'cpf 'r gtukngpeg'v'q'i tcf wcvkqp'kp'j ki j gt'gf wcvkqp'000' " ugpug'qh'eqo o wpkv' 'ku'f guetkdgf 'cu'c'eqputwev'vj cv'kpenwf gu'vj tgg'xctkcdrgu'ugpug'qh'dgmpj kpi . " eqmgi g'uqekri'ce'v'k'k'gu.'cpf 'uqekri'uwf r qtv'p'gy qtn00'Vj g'utwi i ngu'uwf gpw'u'ce'g'kp'eqmgi g'htqo " f c{ "v'f c{ "dgeo g'o qtg'v'q'gtcdrg'y j gp'uwf gpw'u'hgn'vj cv'vj g{ "j cxg'c'uwf r qtv'p'gy qtn00'

O quv'eqo o wpk'ku'qp'Rgpp'Uc'v'g'æ'eco r wu'j cxg'c'v'rgcuv'qpg.'dw'wuwcm' 'o qtg. " qti cpk' cvkqp'qt'ewd'vj cv'cmqy u'vj go 'v'g'zr tgu'vj gk'ewwntg'cpf 'tckug'cy ctgpguu'cdqw'vj gk' " uqekgcn'kuuwgu'0Hqt'gzco r ng.'Ectkddgcpu'j cxg'Ectkddgcp'Uwf gpv'Cu'qekcvkqp.'Gewcf qtkcpu'j cxg' Gewcf qtkcp'Uwf gpv'Cu'qekcvkqp.'Mqtgcpu'j cxg'Mqtgcp'K'v'gt'pc'v'k'p'cn'Uwf gpv'Cu'qekcvkqp.'gve0' O qtg'ur gekh'ecm' . 'vj gug'f k'htg'gp'v'eqo o wpk'ku'j cxg'f k'uewukqp'i tqwr u'y j gtg'vj g{ "ecp" " eqpi tgi cv'g'v'qi gj gt'v'q'f k'uewuu'vj gk' " uko k'ct'utwi i ngu'cpf 't'gr'v'g'v'q'o go dgtu'qh' " vj g'uco g'eqo o wpkv' 0'Vj gug'f k'uewukqp' " i tqwr u'ugt'xg'cu'uchg'ur cegu'ht' 'k'p'f k'kf w'cu' " v'q'ur g'cn'ht'ggn' . 'q'w'w'gu'cy c{ 'htqo 'uej qqn' " ctgcu'v'q'ugr'ht'g'hr'gev.'j cxg'pu'ht'uwf gpw' " y j gp'vj g{ 'h'gn'ht'p'gn' . 'cpf 'c'i gpw'k'p'g' "



dqpf kpi 'g'zr g'k'g'peg'0'Vj gtg'ctg'3.256'uwf gpv'qti cpk' cvkqp'qp'Rgpp'Uc'v'g'æ'Eco r wu'cpf 'vj gtg'ku' " qpn' 'qpg'vj cv'h'qewugu'qp'eqmgi g'uwf gpv'o gpv'cn'j g'cnj <'Cev'xg'O k'p'f u'*Uwf gpv'Qti cpk' cvkqp' " F k'gevt' . '4238-0' gv.'Cev'xg'O k'p'f u'f qgu'p'qv'r tqxk'f g'c'f k'uewukqp'i tqwr 'ht'uwf gpw'utwi i r'kpi " y kj 'vj gk' 'o gpv'cn'j g'cnj 0'Eqw'pug'r'kpi 'cpf 'Ru'ej q'qi k'cn'Ugt'x'k'egu'*E'CRU'f qgu'q'ht'g'vj g'c'r { " i tqwr u'cpf 'er'p'leu.'dw'o cp{ 'qh'vj go 'ctg'o qtg'htqo cn'cpf 'o qtg'ur gekr'k' gf 'vj cp'qw'r tqr qugf " f k'uewukqp'i tqwr '*I tqwr 'Vj g'c'r { 'cpf 'F k'uewukqp'I tqwr u.'4238-0'Vj g{ 'cnuq'v'ck'nt'v'qy ctf u' "

kp f k k f w c n i ' y k j ' o q t g ' u g x g t g ' e c u g u ' q h ' o g p w c n i j g c m j * i t q w r ' V j g t c r { ' c p f ' F k u e w u k q p ' I t q w r u . " 4238+0' V j g t g h q t g . ' q w t ' i t q w r ' r t q r q u g u ' k o r r g o g p v k p i ' c ' u w r r q t v k x g ' f k u e w u k q p ' i t q w r ' y c v ' e c p ' u g t x g " c u ' c ' u c h g ' j c x g p ' h q t ' k p f k k f w c n i ' v q ' f k u e w u u ' y j g k t ' g z r g t k g p e g u ' y k j ' c p { ' u g x g t k v { ' q h ' o g p w c n i j g c m j " y j k g ' c w g p f k p i ' c p ' k p u k w w k q p ' i k n g ' R g p p ' U c v g 0 ' "

WHAT IS WOCE

Y q o g p ' q h ' E q m t ' G o r q y g t o g p v ' I t q w r * * Y Q E G + ' k u ' c ' d k / y g g m { ' f k u e w u k q p ' i t q w r ' h q t " o k p q t k v { ' y q o g p ' v q ' u j c t g ' y j g k t ' g z r g t k g p e g u ' c p f ' f k u e w u u ' y j g k t ' c w k w f g u ' c d q w ' c w g p f k p i ' c " r t g f q o k p c p w { ' y j k g ' k p u k w w k q p 0 Y Q E G ' k u ' p q v ' c ' y j g t c r { ' i t q w r . ' d w ' e c p ' d g ' e q p u k f g t g f ' c " u k v g t j q q f ' c p f ' c p ' q r g p ' u w r r q t v k x g ' g p x k t q p o g p v ' y j g t g ' o k p q t k v { ' y q o g p ' e c p ' d g ' y j g o u g r k g u . ' d q p f " y k j ' q v j g t ' h g o c r g u ' y j q ' g z r g t k g p e g ' u q o g ' q h ' y j g ' u c o g ' k u u w g u . ' c p f ' r g c t p ' y j c v ' c ' y q o g p ' q h ' e q m t " t g c m { ' o g c p u ' v q ' y j g o 0 F k u e w u k q p ' v q r l e u ' t c p i g ' h t q o ' e q m t k u o . ' e w w t c n i c r r t q r t k v k q p . ' u g h / k o c i g . " o g f k c ' t g r t g u g p v k q p . ' t q o c p v e ' t g r v k q p u j k r u . ' t g r v k q p u j k r u ' d g y g g p ' y q o g p ' q h ' e q m t . ' k o r c e v ' q h ' e w t t g p v ' g x g p w . ' g v e 0 * N O D t k u e q g . ' r g t u q p c n i e q o o w p l e c v k q p . ' P q x " 39 . ' 4238+0 "

N e w t c ' D t k u e q g ' k u ' c ' U c h h ' R u { e j q m i k u v ' c v ' R g p p ' U c v g u ' E C R U U j g ' u c { u ' u j g ' j c f ' y j g ' r c u k q p " v q ' u c t v ' Y Q E G ' c h g t ' t g c n i k p i ' y j c v ' y j g ' o D r e n i ' O c r g ' G o r q y g t o g p v . ' D r g p f u ' q h ' V t c f k k q p c n i " J g t k c i g . ' c p f ' C u k c p ' C o g t k e c p ' U w f g p w ' k p ' C e v k q p ' c h h k p v { ' i t q w r u ' y g t g ' w r ' c p f ' t w p p k p i ' q w w ' q h ' y j g " O w n k e w w t c n i T g u q w t e g ' E g p v g t * * O T E + ' d w ' y j g t g ' y c u ' p q ' e w t t g p v i t q w r ' h q t ' y q o g p ' q h ' e q m t o * * N O ' D t k u e q g . ' r g t u q p c n i e q o o w p l e c v k q p . ' P q x " 39 . ' 4238+0 U j g ' r g c t p g f ' y j c v ' o i t q w r u ' h q t ' y q o g p ' q h ' e q m t " g z k u g f ' c v ' r q k p u ' k p ' y j g ' r c u v . ' d w ' y j g t g ' y j g p ' f g h w p e v ' c h g t ' y j g ' h e k k c v q t u ' o q x g f ' q p ' h t q o ' y j g " w p k x g t u k v { o ' * N O D t k u e q g . ' r g t u q p c n i e q o o w p l e c v k q p . ' P q x " 39 . ' 4238+0 Y k j ' y j g ' u w r r q t v ' q h ' E C R U . ' u j g " t g c e j g f ' q w w ' v q ' F t 0 O q u g u ' F c x k u . ' y j g ' O w n k e w w t c n i T g u q w t e g ' E g p v g t ' f k t g e v q t . ' y j q ' y c u ' q r g p ' v q "

eqmcdqtcvki "qp"cf kuewukqp"i tqwr "N0Dtueqg."r gtuqpcrleqo o wplecvkqp."P qx"39."4238+0Vj g"
i tqwr "qhhelem{ "dgi cp"lp"Ur tki "4237"cpf "cxgtci gf "c"i tqwr "qh"cdqw"32"uwf gpw"N0Dtueqg."
r gtuqpcrleqo o wplecvkqp."P qx"39."4238+0Vj g"ewtgpv'hckrkcvqtu'ctg'F tu0F c{| g'Hqtgpekq'cpf "
Nwte'Dtueqg0'

F t0Dtueqg'f guetkdu'vj g'uweegu'qh'vj g'i tqwr "uc{ kpi ."öUkpeg'vj gp."k'j cu'i tqy p'lp"
f kxgtug'tgr tgugpvcvki"cpf "pwo dgt0Y g"ewtgpw{ "cxgtci g"cdqw"37/42'y qo gp'r gt'o ggkpi 0Vj g"
y qo gp'ur cp'lp"ercuu'ucpf kpi /'Itqo "htuv"{ gct'wr "vq"fqevtcr'hxgn'uwf gpw'lp"xctkqwu"o clqtu'cpf "
hgrf u0Vj g'y qo gp'ctg"cnq'htqo "xctkqwu'gj ple"dcemi tqw'p'f u'g'0DrcemlChkcep"Co gkcep."Gcu'
Cukcp IRcekhe"Kucpf gt."J kur cple Ncvkz."O gzkecp."Chkcep."Kf kcp IUqwj "Cukcp."Ectkddgcp."
O wntcekrn'qt'O kzgf ."gveö"N0Dtueqg."r gtuqpcrleqo o wplecvkqp."P qx"39."4238+0'

Vj g'i qcn'qh'qwt'r tqr qugf "uwr r qt'v'xg'uchg'ur ceg'i tqwr "ku'vq"cmqy "uwf gpw'utwi i nki "y kj "
cp{ "hqt"o "qh'o gpwcn'j gcnj "vq"eqo g'cpf "Iwuv'cm0Y g'cnq'y cpv'vq"f getgcug'vj g'co qwpv'qh'uwf gpw"
y j q'cwgp'f "ECRU"kh'vj gk'kuwgu'f q'pqv'tgs wktg'lo o gf kcv'cpf "htgs wgpv'cwgp'v'kqp0Vj g'i tqwr "
y qwf "dg'uko krt "vq"Y QEG'y kj "hckrkcvqtu'cpf "uqo g'f kuewukqp"vqr leu0J qy gxgt."dgecwug'uqo g"
uwf gpw'o ki j v'j cxg'o qtg'ugxgtg'ecugu'qh'o gpwcn'knpguugu."vj g{ "y qwf "pggf "r tqhguukqpcn"
cwgp'v'kqp0Vj gtghqtg."y g'r tqr qug"j cxkpi "c"nkegpugf "r u{ ej qmji kv'cwgp'f kpi "vj g'f kuewukqpu0Vj g"
nkegpugf "r u{ ej qmji kv'y qwf "dg'vj gtg'pqv'qpn{ "vq"hcckrkcvg."dw'vq'r qkp'v'uwf gpw'lp"vj g'f kgevkqp"
qh'ECRU"kh'pgeguuct { 0Y g'r tqr qug"cnq"j cxkpi "c"i tcf wcv'uwf gpv."o clqtkpi "lp"vj g'r gtur gev'xg"
hgrf ."cu'vj g'qyj gt'hckrkcvqt0Vj ku'y c{ "uwf gpw'o c{ "hgn'o qtg'eqo hqtvcdr"gdgecwug'vj g{ "ecp"
tgrcv'vq"vj g'i tcf wcv'uwf gp0"

ECRU'ewtgpw{ "j cu'lpv'gtr gtuqpcrni tqwr u'ur gekhecm{ "hqt'hg'y kj "c"pgy "dcd{ ."cpzkgv{ ." "
gcvkpi "f kuqtf gtu."mukpi "c"m'xgf "qpg."gve0"1 tqwr "Vj gtr { "cpf "F kuewukqp"i tqwr u."4238+0Vj gug"

i tqwr u'ctg'tgi wrcvzf "cpf 'xgt { 'ur gekhe. 'y j lej "ecp'dg'i qqf 'hqt'etgc'vpi 'c'utqpi gt 'ugpug'qh'
eqo o wpkf'0J qy gxgt. 'yj gug'i tqwr u'ctg'hqt'lpf kxkf wenu'y j q'twnf 'pggf 'k0Qw'r tqr qugf 'i tqwr 'ku'
hqt'eqmgi g'uwwf gpw'y j q'cnuq'o ki j v'pqv'j cxg'c'o gpvcn'kmpguu'qt'pggf 'eqpuwcpv'j gter { "gxgt { "
y ggn0K'ku'guugpv'cmf { "c'uw r qt v'xg'ur ceg'v'j' gct 'q'j gt 'r gqr ngau'g'zr g'k'p'egu'cpf "uj ctg'eqo o qp"
utwi i ngu. "dw'cnuq'c'dtkf i g'v'q'f g'v'gto kpg'y j g'j gt 'uwwf gpw'pggf 'r tqh'guuk'apcn'j gr "qt 'pqv'0K"
cf f k'k'qp. 'uwwf gpw'ecp'cw'gpf "cu'v'j g { 'r ngcug'0J cxkpi 'uwwf gpw'y j q'f q'cpf 'f q'pqv'j cxg'o gpvcn'
kmpguugu'ecp'cnuq'j gr "v'q'f guki o cvk' g'o gpvcn'kmpguugu'dgecwug'y g'ctg'g'p'eqwtci kpi 'y j g"
k'p'v'g'ce'v'k'p. 'y j k'g'h'q'k'epi 'y j g'eqpxgtuc'v'k'p'0G'x'gp'y qwi j "gxgt { q'p'g'au'ug'x'g'k'v' { 'ku'f k'h'g'gp. 'kh'
uwwf gpw'eqwf 'ugg'j qy 'y j g { 't'g'rc'v'g'v'q' 'uwwf gpv'y kj 'o gpvcn'kmpguugu. 'y j g { 'y q'w'f "dg'cd'rg'v'q"
go r cvj k' g'o qtg'0'

"

ACTIVE MINDS



Rtkqt'v'j' gctkpi 'y j g'x'leg'r t'g'ukf gpv'qh'
Cev'x'g'0 k'p'f u. 'Vc { m'q' 'M'ng'k'p. 'ur gcm'y g"
qp'nf "np'gy "q'p'g'y kpi "cd'q'w'ce'v'x'g'o k'p'f u'<
y j g { "ctg'y j g'qp'nf { "cr r tq'x'g'f "uwwf gpv't'cp"
qti cpk' cv'k'p'qp'R'g'pp "U'c'v'g'au'eco r wu'y cv"

h'q'ew'gu'qp'o gpvcn'j gcnj 0C'f o k'w'g'f n'f. 'y j g'y g'g'p'q'v'cy ctg'qh'y j g'i tqwr 'w'p'v'k'v'j ku'ugo gu'g't'cpf "
y g'g'p'q'v'k'p'h'q'to g'f "q'p'j qy 'y j g { 'c'f x'q'ec'v'g'f 'h'q't'o gpvcn'j gcnj "q'p'eco r wu'0Y g'y g'g'eq'p'eg't'p'g'f "y j cv'
q'w't'uch'g'ur ceg'i tqwr 'y q'w'f "k'p'v'g't'h'g't'g'q't'l'w'u'v'd'g'c't'g'r n'ec'v'k'p'q'h'c'f k'ue'w'u'k'p'i tqwr 'y j cv'y j g { 'j' cf "
crt'g'cf { "gu'c'd'r'k'uj g'f 0'

Hqt wpcvgn{ . 'Cevkxg'O kpf u'ku'P QV'c'uw r qtv'i tqwr 0Vj g{ 'ctg'c'pqp/r tqhk'pcvkapcn'
qti cplk cvkqp'yj cv'hqewugu'qp'ej cpi kpi 'yj g'eqpxgtucvkap'ctqwpf 'o gpvcnj gcmj 'yj tqwi j 'gf wecvkapcn'
cevkxkku'uwej 'cu'r tguvpcvkapu.'r cpgnu.'gve0*Mhpg.'4238+0Vj g'i tqwr 'j cu'o ggkpi u'cpf 'uqeknu. "
dw'yj gug'ctg'hqt'o go dgtu'qh'yj g'qti cplk cvkqp'*Mhpg.'4238+0Vj g'o ggkpi u'qpn{ 'cxgtci g'cdqww'
ugxgp'o go dgtu'qp'c'dwu{ 'y ggm'cpf 'cdqww'hknggp'r gqr ng'c'qp'c'i qqf 'y ggm'*Mhpg.'4238+0'
Vj gtghqtg.'r ngpv{ 'qh'uwf gpw'y kj 'o gpvcnj gcmj 'kuuwgu'ctg'pqv'cwgpf kpi 'hqt'xctkqwu'f khgtgpv'
tgcuppu0F wtkpi 'yj gkt'o ggkpi u.'yj g'i tqwr 'cmwuj' ch'qh'yj gkt'vko g'vq'f kuewu'u'hwpf tckukpi. "
cevkxkku.'gve0'cpf 'yj g'qyj gt'j ch'vq'f kuewu'u'yj gkt'o'j ki j u'cpf 'ny uo'qh'yj g'y ggm'*Mhpg.'4238+0Vj g'
vko g'hqt'o'j ki j u'cpf 'ny uo'ku'iko kgf 'cpf 'uwuwm{ 'eqpenmf gu'yj g'o ggkpi 'dgecwug'k'ku'pqv'yj g'o quw'
ko r qtvcpv'cur gev'qh'yj gkt'o ggkpi u'*Mhpg.'4238+0Cnj qwi j 'yj g'yj g'o'j ki j u'cpf 'ny uo'ecp'i gv'
r gtuqpcn'yj g'i tqwr 'gpeqwtci gu'gf wecvkap'cpf 'r tqhguukapcn'uw r qtv'kng'ECRU'*Mhpg.'4238+0'
Vj ku'ku'c'eqo r ngvgn{ 'f khgtgpv'gpv'kqpo gpv'yj cp'yj g'qpg'y g'y cpv'hqt'qwt'uchg'ur ceg'i tqwr 0'
Vj gtghqtg.'yj g'ko r ngo gpvcvkap'qh'qwt'uchg'ur ceg'i tqwr 'y qwf 'pqv'dg'ko kcvkpi 'cp{ 'uwf gpv'
qti cplk cvkqp'ctgcf { 'qp'Rgpp'Ucvga'u'eco r wu0'
"

ARE DISCUSSION GROUPS IMPACTFUL/SUCCESSFUL IN OTHER COMMUNITIES?

kp'qtf gt'vq'i ckp'c'dgwt'wvf gtucvkap kpi 'qh'j qy 'ko r cevhwif kuewuukqp'i tqwr u'ctg'qp'Rgpp'
Ucvga'u'eco r wu.'y g'kpwgtxky gf 'y q'Rgpp'Ucvg'u'uwf gpw'yj cv'cevkxgn{ 'r ctvkr cvg'kp'f kuewuukqp'
i tqwr u0[cuo kpg'Iqpgu'ku'c'lvplqt'o clqtkpi 'kp'Chkcep'Co gtlecp'Uwf kgu'cpf 'Ru{ ej qmji { 'cpf "
o kqtkpi 'kp'Gpi rkuj 'cpf 'Ur cpluj 0Uj g'ku'yj g'Xleg'Rt gukf gpv'qh'S wgt'cpf 'Vtcpu'Rgqr ng'qh'Eqmjt "
*S VRQE+'cpf 'c'tgi wrc'cwgpf gg'qh'Eqmjt'O g'S wgt.'c'f kuewuukqp'i tqwr 'j grf 'd{ 'yj g'NI DVS "

Tguqwtg'Egpgt *l 0Lppgu.'r gtuqpcn'eqo o wplecvkqp.'4238+0Qmwy cvq { kp'Qtgucp { c'ku'c'lwpkqt "

o clqtłpi 'kp'I gquckppeg'cpf 'c'vgo 'o go dgt'qp'vj g'r wdrke't'grvku'pu'eqo o kwgg'hqt'Chkcep "

Uwf gpv'Cuqekcvkqp *CUC+*Q0Qtgucp { c.'r gtuqpcn'eqo o wplecvkqp.'4238+0Gcej 'uwf gpv'y cu "

i kxgp'c'dtłgh'qxgtxky 'qh'vj g'r tqr qugf 'r qrke { 'cpf 'cungf 'v'f kuewu'vj g'kphwpeg'vj gkt'r ctvkwrt "

f kuewukqp'i tqwr 'j cu'j cf 'qp'vj gkt'eqmgi g'gzzr gkpeg0Vj g'tgur qpugu'j cxg'dggp'r cter j tucgf "

*f kgev's wvqu'ctg'kp's wvkvkqp'o ctmu+.'dw'dqvj 'uwf gpw'j cxg'cr r tqxgf 'y j cv'ku'y tkwgp0 "

"

When are your meetings held? And are these meeting open to nonmembers?

Yasmine Jones: 'S VRQE 'o ggłpi u'ctg'j grf 'gxgt { 'Uwpc { 'cv'5r o 'cpf 'ctg'qr gp'v'cml'uwf gpw0' "

Eqmt'O g'S wgt'o ggw'gxgt { 'Y gf pguf c { 'cv'5r o 0J qy gxgt.'Eqmt'O g'S wgt'ku'c'emqugf 'i tqwr 0' "

Vj gtghqtg.'o go dgtu'o wu'dg'c'r gtuqp'qh'eqmt'cpf 'c'o go dgt'qh'vj g'NI DVS C- 'eqo o wpk'0' "

Oluwatoyin Oresanya: 'I gpgtcn'dqf { 'o ggłpi u'ctg'j grf 'gxgt { 'qvj gt'Hkf c { 'cpf 'ctg'qr gp'v'c "

r gqr ng'y j q'ctg'p'v'c'r ctv'qh'CUC0Vj g'i gpgtcn'dqf { 'o ggłpi u'ctg'o cłpn' 'hqt'cppqwpago gpw. "

r rppłpi 'gxgpw.'gve0uq'uqo g'qh'qwt'f kuewukqp'u'ctg'j grf 'qwukf g'qh'vj g'cewcn'i gpgtcn'dqf { "

o ggłpi u'cpf 'f włpi 'vj g'cewcn'gxgpw0' "

"

How are topics chosen?

Yasmine Jones: 'Keqmdqtcv'g'y kj 'vj g'Rtgukf gpv'qh'S VRQE.'Cngzku'Ueqw'v'etgc'v'vj g'vr leu0' "

Y g'i q'qh'qh'ewtgpv'qr leu'cpf 'gxgpw'vj cv'ctg'j cr r głpi 'kp'qwt'uqekn'ekteng' *kQ0vj g'grcvkqp+0' "

Eqmt'O g'S wgt'ku'keckkcv'gf 'd { 'vy q' i tcf wcv'uwf gpw.'Lcuo kpg'F kmp'cpf 'Eqwt'v'gg'Gf f łpi v'p0' "

Dqvj 'uwf gpw'ctg'c'r ctv'qh'vj g'NI DVS C- 'eqo o wpk' { 'cpf 'r gqr ng'qh'eqmt0'Vj g'i tcf 'uwf gpw' "

ej qqug'vj g'f kuewukqp0' "

Oluwatoyin Oresanya: 'Gxgt { 'Gdqctf 'o go dgt'j cu'v'eqo g'vr 'y kj 'cp'gxgpv'qt'c'hw'pf tckugt0Uq' "

o quv'qr leu'ctkug'vj tqwi j 'uqo gqpg'u'kf gc'hqt'cp'gxgp0Y g'cnuq'eqmdqtcv'g'y kj 'qvj gt' "

qti cłk'cvkqp'u'wej 'cu'Ectkddgcp'Uwf gpv'Cuqekcvkqp *EUC+.'Drcem'Uwf gpv'Wpkqp' *DUW+.'Drcem' "

Ecweu.'cpf 'Ncvkq'Ecweu0Vj ku'j grr u'dtłpi 'f kuewukqp'u'qwukf g'qh'qwt'qti cłk'cvkqp'cpf 'i cłp' "

f kłhgtgpv'r gtur gev'xgu0' "

"

Can you give an example of a discussion topic you've had or will be having in the future?

Yasmine Jones: 'Hqt'P cvkpcn'Eqo łpi 'Qw'F c { .'S VRQE 'f kuewu'gf 'gxgt { qpg'au'eqo łpi 'qw' "

uqtku0Eqmt'O g'S wgt'au'vr le'hqt'ruv'y ggn'ly cu'f cvkpi 'cpf 'vj ku'y ggm'au'ku'i gpf gt'ugzwcw'ł' 'cpf' "

v'go kłqmqi { 0Y g'y kn'dg'f kuewukpi 'vj g'f kłhgtgpv'v'go u'wugf 'v'kf gpv'kh' 'f kłhgtgpv'ugzwcw' "

qtkgpvcv'kqp'cpf 'i gpf gt'kf gpv'kku0' "

Oluwatoyin Oresanya: "Ncu'v'y ggm'y g'y cvej gf "J qvgn'Ty cpf c'cpf 'j cf "cp'kp'v'pug'f kuewuukpp" chngty ctf 0Y g'f kuewuug'f 'j qy "Co gtlecpu'xkgy 'Ch'lecpu'cpf 'y g'ceewtce{ "qh'y g'o qxkg0" "

Was is your experience like during these discussions? How impactful or useless are these discussions?

Yasmine Jones: "Dqj 'i tqwr u'ctg'ko r ce'v'hw'ldgecwug'c'rqv'qh'wu'ctg'pqv'wug'vq'j cxkpi 'c'ur ceg" y j gtg'y g'ecp'j cxg'c'xqleg0Kp'qvj gt'eqo o wpkkgu."qwt'kuu'wgu'ctg'q'hwgp'dt'wuj gf "v'v'j g'ukf g'OC'rqv' qh's wgt'r gqr ng'y j q'ctg'htqo 'f k'htg'gpv'o k'pqt'k'v' 'dcem' tqwpf u'hgg'ny c'v'kh'y g{ "cw'gpf "en'wdu'rkng" D'rcem'Ec'wewu."gve0'y g{ 'j cxg'v'j' k'f g'y g's wgt'r ct'v'qh'y go "d'gecwug'k'ku'pqv'ceegr v'gf "qt " cr r tge'k'v'g'f 0Kp'cf f k'k'q'p."y j g'NI DVS C- "qti cpk' c'v'k'q'pu'c'v'R'gpp"U'c'v'g'ctg'w'w'cm'f 'h'w'm'q'h'y j k'g" u'w'f g'p'u'c'p'f 'y g'k'ur g'ek'k'le"gzr g't'k'p'eg'u."y j k'ej 'ctg'x'gt{ 'f k'htg'gpv'htqo "q'w'u'0U'q'c'rqv'qh'r gqr ng'qh' eqm't'f q'p'q'v'h'gg'n'eqo h'q't'v'd'ng'k'p'y g'ug'ur c'eg'u'g'k'j g't'0V'j g'y j q'ng'r w'r q'ug'q'h'S VRQE'ku'htq" NI DVS C- "o go d'g'u'q'h'eqm't'v'j' cxg'c'uchg'ur c'eg'y j gtg'd'q'v' 'y g'k' "e'w'w'g'c'p'f 'u'g'z'w'c'k'v'f { "ctg" cr r tge'k'v'g'f 0Q'w' "en'w'd'k'q'ti cpk' c'v'k'q'p'ku'f' k'htg'gpv'htqo "u'qo g'q'h'y g'q'v'j gt' "q'p'g'u'd'gecwug'y g'ctg'c'uchg" ur c'eg'i tqwr 0S'G'x'gt{ 'u'k'p'i ng'o g'g'v'k'p'i 'ku'c'uchg'ur c'eg'0\$'V'j gtg'ctg'g'x'g'p't'w'g'u" { q'w'j cxg'v'q' h'q'm'q'y " y j gp' { q'w'c'w'g'p'f 0Y k'j "E'q'm't'0 g'S w'g't'ku'k'v'p'leg'd'gecwug'r gqr ng'ecp'c'um's w'g'u'k'q'pu'c'p'f 'i g'v' cf x'leg'htqo "y j g'i t'cf "u'w'f g'p'u'0\$J cxkpi 'c'ur c'eg'y j gtg' { q'w'ec'p'f k'ue'w'u'v'j k'p'i u'c'p'f 'j cxg'f k'htg'gpv' q'r k'p'k'q'pu'j g'r u' { q'w'ig'ct'p'o q't'g'c'd'q'w'v'j g'eqo o w'p'k'v'f 0K'v'ut'g'p'i v'j g'p'u'v'j g'v'k'g'u'y k'j k'p'y g'eqo o w'p'k'v'f c'p'f 'k'v'o c'ng'u'w'u'h'gg'n'o q't'g'y g'eqo gf "c'v'R'gpp"U'c'v'g'd'gecwug'y g'j cxg'c'r m'eg'y j gtg'y g'd'g'm'p'i 0\$"

Oluwatoyin Oresanya: "V'j g'f k'ue'w'u'k'q'pu'ctg'o q'u'v'ko r ce'v'hw'ih'q't'v'j q'ug'v'j c'v'ctg'ce'w'c'm'f " k'p'v'g't'p'c'k'q'p'c'n'c'p'f 'eqo g'htqo 'Ch'le'c."u'q'p'q'v'd'q't'p'j g't'g'k'p'Co g't'le'c'0V'j g'f k'ue'w'u'k'q'pu'g'f w'ec'v'g' { q'w' c'p'f "q'r g'p' { q'w'g'g' u'v'q'f k'htg'gpv'x'k'gy u'c'p'f 'r g't'ur g'e'v'x'g'u'0H'q't'g'z'c'o r ng."K'f k'f "p'q'v'hp'q'y 'y c'v'J q'v'gn' Ty c'p'f c'y cu'd'c'ug'f "q'p'c't'w'g'u'v'q't { 0Ch'le'c'p'u'f q'p'q'v'c'm'c'd'q'w'v'j g'ug'v'j k'p'i u'v'j c'v'o w'ej "d'c'em'j q'o g" u'q'k'ku'i q'q'f "v'j' cxg'k'v'j g't'g'q'p'eco r w'u'0" "

Would it be different if the discussion were not with people of the same minority group?

Yasmine Jones: "[gu.'k'v'y q'w'f "d'g'00'v'j g'j q'o q'i g'p'q'w'u'c'w'o q'ur j g't'g'o c'ng'u'r gqr ng'h'gg'n'uchg'd'gecwug" y j gp'r gqr ng'ctg'y k'j "r gqr ng'v'j c'v'j g{ "cu'w'o g'ctg'r'k'ng'o k'p'f gf ."y j g{ "h'gg'n'r'k'ng'v'j g'k'q'r k'p'k'q'pu'ctg" i q'k'p'i "v'q'd'g'x'c'm'g'f "o q't'g."p'q'v'l'w'f i gf ."c'p'f 'y j g{ 't'g'ur g'ev'v'j g'k'p'r w'v'j c'v'q'v'j g't'r gqr ng'q'h'ht'g'o q't'g'v'j c'p' k'h'y g'r g'tu'q'p'y cu'p'q'v'c'r c't'v'q'h'y g'eqo o w'p'k'v'f 0\$'H'q't'g'z'c'o r ng."y j g't'g'ku'c'p'c'm'f 'y j c'v'eqo gu'v'q'v'j g" S VRQE"o g'g'v'k'p'i u'c'p'f 'y j g'i tqwr "h'k'v'g'p'u't'g'ur g'e'v'w'm'f ."d'w'v'j g'k'q'r k'p'k'q'pu'ctg'p'q'v'c'ny c { u'x'c'm'g'f "cu" o w'ej 0V'j ku'ku'd'gecwug'y g'h'gg'n'r'k'ng'k'p'g'x'gt { f c { 'i'k'h'y g'ctg'c'ny c { u'w't't'q'w'p'f gf "d { "q'r k'p'k'q'pu'q'h" r gqr ng'v'j c'v'y g'f q'p'q'v'k'f g'p'v'k'h' { y k'j 0V'j g't'g'ht'g."f w'k'p'i "y q'ug'ur g'ek'k'le"f k'ue'w'u'k'q'p'v'ko gu.'y g'v'g'p'f "v'q" eq'p'p'g'v'o q't'g'y k'j "q'w'r g'g't'u'v'j c'v'ctg'q'h'y g'uco g'f go q'i t'c'r j k'0'

Oluwatoyin Oresanya: "P'k'i g't'c'f'f'q'g'u'p'q'v'j cxg't'c'ek'uo 0G'z'r g't'k'p'ep'k'p'i 't'c'ek'uo "j g't'g'y cu'f k'htg'gpv' d'gecwug'K'f k'f "p'q'v'hp'q'y "j q'y "v'q't'g'c'ev'0K'ku'i q'q'f "v'q'd'g'ct'q'w'p'f "r gqr ng'y j q'j' cxg'v'j g'uco g'o g'p'v'c'k'v'f " cu" { q'w'd'gecwug'v'j g{ "ec'p'ng'v' { q'w'hp'q'y "j q'y "Co g't'le'c'p'u'q'el'g'v'f "q'r g't'c'v'g'u'c'p'f "y j c'v'o { "gz'r g't'k'p'eg" y k'm'd'g'h'ng'0K'y q'w'f "c'nu'q'd'g'f k'htg'gpv'd'gecwug'q'h'u'q'el'c'n'le'q'p'p'q'v'k'q'pu'ct'q'w'p'f "eg't'c'k'p'y q't'f u'0K'p'0"

P ki gtlc. "do cf o'o gcpu'lpucpg.'dw'j gtg"do cf o'o gcp'cpi t { 0\$[qw'p'ggf 'uqo gqpg'vq'w'pf gtuxcpf " y j gtg" { qw'ctg'eqo kpi 'htqo 'kp'qtf gt'htq" { qw'vq'w'pf gtuxcpf " { qwt'p'gy 'gpxkqpo gpv0\$ "

Cmj qwi j "gyj plek { "cpf 'ugzwcn'qtkgpvc'kqp'ctg'pqv'y g'uco g'cu'j cxkpi "c'o g'pvcn'kmpguu.'cm' vj tgg'i tqwr u'utwi i rg'y kj "uqekn'utki o cu'cpf "cf lwukpi "vq'c'eco r wu'rkng'Rgpp'Ucv0Cp'Ch'lecp" y qwf 'pqv'y cpv'vq'dg'ecmgf 'cp'0Ch'lecp'dqqv' { 'uetevej gtö'lwu'cu'o wej 'cu'c'r gtuqp'y kj "c'o g'pvcn' kmpguu'f qgu'pqv'y cpv'vq'dg'ecmgf "c'0p'wecug0'Uqo g'o go dgtu'qh'y g'NI DVS C- 'eqo o w'pk' { 'utkn' j cxg'c'f k'he'wn'vko g'eqo kpi "qwl'wuv'rkng'uqo g'r gqr rg'y kj "o g'pvcn'kmpguu'g'gct'vcmkpi "cdqw" vj gkt'o g'pvcn'j gcnj "cpf "cumkpi 'htq'j gr 0Dcugf "qp'y g'lpvgtxkgy . 'k'ecp'dg'eqpenw'f gf 'y cv" uw' r qt'kxg'f k'uewukqp'i tqwr u'ctg'dgpg'hlekn'kp'y gug'qy'j gt'eqo o w'pk'kgu'uq'k'y qwf "dg'dgpg'hlekn' htq'uw'f gpw'utwi i r'kpi 'y kj 'y j gkt'o g'pvcn'j gcnj 0' "

CONCLUSION

Y j { 'uj qwf 'y g'f'q'y'j ku'y j gp" ECRU'critgcf { 'j cu'c'r tqdrgo " y kj 'hw'pf kpi . 'ugt'xlegu.'cpf " ur ceg'AC'uchg'ur ceg'f k'uewukqp" i tqwr "eqwf 'r quukdn' 'f gygt" uw'f gpw'cy c { 'htqo " ko o gf k'cvgn' 'i qkpi "vq'ECRU'

"Having a space where you can discuss things and have different opinions helps you learn more about the community. It strengthens the ties within the community and it makes us feel more welcomed at Penn State because we have a place where we belong."

Vj g { 'y qwf 'j cxg'c'f k'htg'gpv' qwrgv'cpf "eqwf 'r quukdn' 'uq'xg'y j gkt'r tqdrgo u'dghqtg'cw'gpf kpi 'ECRU'k'p'cf f k'kqp.'y g'f k'uewukqp" i tqwr "eqwf "dg'j grf 'kp'c'm'ecv'kqp'qwuk'f g'qh'ECRU'*erc'uatqgo . "o gg'kpi "tqgo . 'gve00J qy gxgt." vj g'h'ek'k'cv'qtu'y qwf "dg'c'o qtg'eqo r rgz 'kuuw'f w'g'vq'ECRU'critgcf { "dgkpi 'h'y "qp'uch'0Vj g'

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CONCLUSION

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OUR CALL TO ACTION TO REDUCE MENTAL HEALTH STIGMA

" Uq'y j { 'f qgu'k'o cwgt A'K'ECRU'ku'crt gcf { 'gzr cpf kpi . 'vj g'wpxgtukv' 'o c { 'dg'ewtkqwu'cu'vq' "

y j { 'k'y qwf "dg"pgeguuct { 'vq'ur qpuqt "c'eco r cki p=j qy gxgt'y g'dgkxg'y g'pggf "vq'rwpej "c "

eco r cki p'kp'qtf gt "vq'kpur ktg'vj qug'y j q'f q'pqv'ectg'cdqw'o gpvcn'j gcnj "kuuwgu'vq'ectg'cpf "vq "

cevkxgn' "dgeo g'ngcf gtu'cpf "cf xqecv'g'ht'o gpvcn'kmpgu'cy ctgpguu'kp'vj g'y qtrf 0Y kj qw'vj g "

eqqr gtcv'kp'qh'vj qug'y j q'ctg'ki pqtc'p'vt'qdix'kqwu'vq'vj g'r tqdngo "qh'vj g'pgi cvkxg'vki o c'vqy ctf u "

o gpvcn'kmpguu.'y g'ecppq'v'cf xcp'eg'0Hw'vj gto qtg.'vj qug'y j q'pggf "vq'dg'o cf g'o quv'cy ctg'ctg "

vj qug'y j q'f q'pqv'uggm'vq'kphqto 'vj go ugr'gu'cpf 'y j q'o c { 'eqp'v'kdwg'vq'vj g'vki o c'kp'vj gk "

gxgt { f c { 'hx'gu'y kj qw'hpqy kpi 'vj g { 'f q'uq'0Y g'pggf "c'eco r cki p'vj cv'y kni g'v'eqmgi g'uwf gpw. "

ur gek'hecm' "vj qug'qh'Rgpp'Ucv'g.'vq'ectg'cdqw'vj gk'hgmy 'r ggtu'y j gp'k'eqo gu'vq'o gpvcn'j gcnj . "

dgecw'g'pq'o cwgt'j qy 'o wej 'ECRU'ecp'j gr 'uwf gpw'y j q'uw'ht'ht'qo 'o gpvcn'kmpguugu'qt "

f kqtf gtu."qpeg'c'uwf gpv'uvr u'qwu'k'g'vj g'uchg'ur ceg'qh'ECRU.'j g'qt'uj g'o wu'f gcn'y kj 'vj g "

eqpuc'p'v'lqng'u'cdqw'o gpvcn'j gcnj "qt'o c { 'dg'uwdlgev'f "vq'vj g'pgi cvkxk'v'uwttqwp'f kpi 'o gpvcn' "

j gcnj 'kuuwgu.'cpf 'vj g'vj gter { 'ugu'k'p'ht'qo 'ECRU'y kni' c'xg'dggp'ht'pq'vj kpi 0Y g'pggf "vq'wti g "

qwt'hgmy 'r ggtu'vq't'wn'v'ectg'cdqw'kuuwgu'dg'qpf "vj go ugr'gu'kp'qtf gt "vq'etg'cv'g'c'eqo o wpx'v'qh' "

uwf gpw'y j q.'f gur kg'dg'kpi 'f kt'gev'v' . 'kp'f kt'gev'v' . "qt'pq'v'cv'cm'ch'gev'f 'd { 'cp'kuuwg.'y kni'ki j v'ht' "

vj g'tki j v'qh'cm'uwf gpw'vq'hggn'uchg'cpf 'y g'raqo g'cv'Rgpp'Ucv'g'Wpx'gtukv' 0' "

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I tgcvk0T gvtkgxf "P qxgo dgt"36."4238."Itqo "

j wr <li tgcvk0qo lj cr r kpguulpwtlgpw/dqquv/o qqf "

F cpi gthgrf."O 0*4235."F gego dgt"53+032"P wtlgpw"Uekpvkhecm{ "Rtqxgp"vq"O cng"l qw00/"

I tgcvk0T gvtkgxf "P qxgo dgt"8."4238."Itqo "

j wr <li tgcvk0qo lj cr r kpguulpwtlgpw/dqquv/o qqf "

F cxg{."I 0*4235."Cwi wv42+00 gpvcrJ gcnj (" "Uki o c0T gvtkgxf "P qxgo dgt"39."4238."Itqo "

j wr <ly y y 0u{ej qmi { vqf c{0qo ldmj ly j {/y g/y qtt { 42352: lo gpvcrj gcnj /uki o c"

Hwngt"Vqttg{."G0*pf 00Eqi pkxg"Dgj cxkqtcn"Vj gtr { "hqt"Ru{ej quku"cpf "Uej k qr j tgpkc0"

Tgvtkgxf "P qxgo dgt"39."4238"itqo "j wr <ly y y 0ej k qr j tgpkc0qo lf kugcugj vo "

I NQDCN"XKF GQ"KF F GZ "S 4"4237/"i q0q{cnc0qo 0*pf 00T gvtkgxf "Qevdgt"47."4238."

Itqo "

j wr <li q0q{cnc0qo Itul669/GS M/447 lko ci gulQq{cnc/I nqdcn/Xkf gq/kpf gz/S 4/42370 r fh"

I tkhp."T0*pf 00UqeknO gfk"Kl'Ej cpi kpi "J qy "Eqngi g"Uwf gpw"F gcn"Y kj "00T gvtkgxf "

P qxgo dgt"37."4238."Itqo "

j wr <ly y y 0whpi vqpr qu0qo lgpvt { luqekn/o gfk/eqngi g/o gpvcrj gcnj awa77cg88 6; g6d2: h79f 7f4: : 67"

I tqprg{."O 0*pf 00F guki o cvk kpi "O gpvcrkmpguu0T gvtkgxf "P qxgo dgt"37."4238."Itqo "

j wr <lr u{ej kvtkuueqwuf cng0qo lf guki o cvk kpi /o gpvcrkmpguul"

I tqwr "F kuewukq0*pf 00T gvtkgxf "P qxgo dgt"39."4238."Itqo "

j wr <ly y y 0enr ctvfk 0qo li tqwr /f kuewukq/v{ 35F h/enr ctvl"

I tqwr "Vj gtr { "cpf "F kuewukq"l tqwr u0*4238+0T gvtkgxf "P qxgo dgt"39."4238."Itqo "

j wr <luwf gpvchrktu0 uw0f wleqwpugrki lugtxleguEwttgpvl tqwr u0j vo n"

J qm gu."N0*4238."Lypg"38+032"O cng"Egrgdtkkgu"Y j q"Ctg"Uo cuj kpi "O gpvcrJ gcnj "00"

Tgvtkgxf "P qxgo dgt"37."4238."Itqo "

j wr <ly y y 0whpi vqpr qu0qo lgpvt { lo cng/egrgdtkkgu/o gpvcrj gcnj awa7983d7c9g6 d2f h6f 7: 8h2edg"

J qngto cp.'C0*4238.'Cwi wuv'47+00 gpvcnJ gcnj 'Rtqdrigo u'htq'Eqmgi g'Uwf gpw'Ctg"
 Kpetgculpi 0T gtlxgf 'P qxgo dgt'37.'4238.'Itqo "
 j wr <ly y y G gcnj kpgqo lj gcnj /pgy ulo gpvcn/j gcnj /r tqdrigo u'htq/eqmgi g/uwf gpw/
 ctg/kpetgculpi /293937"

Mctcf nrt.'C0C0*4237.'Ugr vgo dgt'35+0Vj g'lo r cev'qh'uqekri'o gf kc"qp'uwf gpw'htg0T gtlxgf "
 P qxgo dgt'37.'4238.'Itqo "
 j wr <ly y y 0gej plekcpqrkpgqo lqr kpkp lct vengaf 3364d92/7c; 4/33g7/: 8d6/ed9e; :
 c8g67hfj vo n'

Mcvuej .'M0*4237.'Qevdgt'27+037'Egrgdu'Y j q'Ctg'Uj wwkpi 'F qy p'Uki o cu'Cdqw'O gpvcn'
 Kmpguu0T gtlxgf 'P qxgo dgt'37.'4238.'Itqo "
 j wr <ly y y 0 wqo lpgy u44: ; 552 lo gpvcn/kmpguu/cy ctgpguu/egrgdtkkul"

Mkpg.'V0*4238.'P qxgo dgt': +0Cevkxg'O kpf u'kphqt o cvkqp0T gcf kpi 'r t gugpvf 'k'Uej tg{ gt "
 J qpqtu'Eqmgi g.'Wpkxgtuk{ 'Rctn0'

Mw pkv .'C0*4238.'Lcpwct { '48+0Cevkxg'O kpf u'ugtxgu'cu'vj g'qpn{ 'o gpvcn/j gcnj 'cy ctgpguu'
 i tqwr 'qp'eco r wu0Vj g'Fckk'Eqmgi kcp0T gtlxgf 'P qxgo dgt'9.'4238.'Itqo "
 j wr <ly y y 0eqmgi kcp0 uw0f wpgy uleco r wulct vengaf 692948/e5; c/33g7/: 99; /2dc; 8
 5g8dd5f G vo n'

N{pej .'L0*4238.'O ctej '46+0J qy 'O kngppkcn'Eqpuwo g'VX'F gr gpf u'qp'Y j kej 'Uci g'qh'Nkhg"
 Vj g{ }tg'k0T gtlxgf 'P qxgo dgt'3.'4238.'Itqo "
 j wr <ly y y 0f y ggnqo lpgy ulvgrxkukqp lj qy /o kngppkcn/eqpuwo g/w/f gr gpf u/y j kej
 /uci g'rhg/vj g{ tg/3925; 5"

O ctuj cm'L0*4238.'O c{ '38+0Uqr 'Wukpi 'O gpvcn'kmpguugu'Cu'Cf lgevkgu0T gtlxgf "
 P qxgo dgt'39.'4238.'Itqo "
 j wr <ly y y 0j gqf { uug{ qnrkpgqo luvr /f qy pr r{ kpi /f kuqtf gtu"

O gpvcnJ gcnj 'O qpf c{ '0'Uki o c'qh'Eqwpugnpi 'cpf 'Vj gtr { 'Y gd'ni 'r quv_0*4237.'
 Ugr vgo dgt'4: +0T gtlxgf 'P qxgo dgt'39.'4238.'Itqo "
 j wr <llkrcptgf ghkpi y gmpguu0 qtr r tgu0qo 4237 12; 14: lo gpvcn/j gcnj /o qpf c{/uk
 i o c/qh'eqwpugnpi /cpf /y gtr { 'l"

O gpvcn{ 'k0*4238+0T gtlxgf 'P qxgo dgt'39.'4238.'Itqo "
 j wr <ly y y 0 ceo kmpf kvkqpc{ qo luvlj gucvw/evgi qt { lco gtlkcp lo gpvcn{/km"
 ""P cvkpcn'kpvkwwg'qh'O gpvcnJ gcnj 0*p0f 00Dkr qrt 'F kuqtf gt 0T gtlxgf 'P qxgo dgt'39.'4238"
 Itqo "[j wr <ly y y 0ko j 0kj G qx lj gcnj kqr keuldk qrt/f kuqtf gt lpf gz0ij vo n'](#)

""P cvkpcn'kpvkwwg'qh'O gpvcnJ gcnj *p0f 00Gcvkpi 'F kuqtf gt u<'Cdqw'O qt g'Vj cp 'Hqqf 0'
 T gtlxgf 'Itqo "
 y y y 0ko j 0kj G qx lj gcnj lr wdrkcvkpulgcvkpi /f kuqtf gtu/pgy /vkhqrf lpf gz0ij vo n'

""P cvkpcn'kpvkwwg'qh'O gpvcnJ gcnj 0*p0f 00Uej k/qr j t gpk0T gtlxgf 'P qxgo dgt'39.'4238'Itqo "
 j wr <ly y y 0ko j 0kj G qx lj gcnj kqr keuluej k qr j t gpk lpf gz0ij vo n'

Rcpvle.'K0*4236.'Qevdgt'23+0Qprkpg'Uqekri'P gy qtnkpi 'cpf 'O gpvcnJ gcnj 0T gtlxgf "
 P qxgo dgt'37.'4238.'Itqo "j wr <ly y y 0edk0m 0kj G qx lr o e lct vengulRO E63: 5; 371"

RgvVj gtr { <J qy 'Cplo cni'cpf 'J wo cpu'J gcn'Gcej 'Qvj gt0*4234.'O ctej '7+0T gtlkxgf "
P qxgo dgt'32.'42380'
""Rqy gtDtckp *p{f 00F grt guukqp'O c{ 'Uj t kpmiDt c kpa'u'O go qt{ 'Ct gcu0T gtlkxgf 'P qxgo dgt'39."
""4238'htqo 'j wr <ly y y 0 qy gtdtckptz0eqo ."
Rtqeggf kpi u'qh'yj g'P cvkqpcn'Ceef go { 'qh'Uekgpegu0*p{f 00T gtlkxgf 'P qxgo dgt'39.'4238."
htqo 'j wr <ly y y 0 pcu0qti 10'
Ucmu.'G0*4233.'P qxgo dgt'39+0Y j { 'Ki'O gpvcn'Kmpguu'Ukmi'Uq'Uki o cvk gf 'AT gtlkxgf "
P qxgo dgt'39.'4238.'htqo "
j wr <ly y y 0 wtkpi vqpr qu0eqo lgn{p/ucmnr quwa3825ada: 3346; 0 vo n"
Uej y gej gtn'N0*4234.'O ctej '7+0Vj g'Wpgzr gev'f 'Utgau/Dwukpi 'Rqy gt'qh'O wuke"-I tgcvkur0'
T gtlkxgf 'P qxgo dgt'7.'4238.'htqo "
j wr <li tgcvkur0eqo lj cr r kpguulwpgzr gev'f /utguu/dwukpi /r qy gt/o wuke"
Ulo r uqp.'E0*4235.'Qevqdt'43+0O gpvcn'J gcnj 'Cy ctgpguu'Y ggm'klem'Qhh'Vqf c{ '0Qpy ctf "
Ucv0T gtlkxgf 'htqo "
j wr <lppy ctf ucvg0eqo 4235 B243 lo gpvcn'j gcnj /cy ctgpguu/y ggm'klem/qh/vqf c{ 'I'
Uqtkcpq.'L0*4236+0O gpvcn'Kmpguu'J]O gpvcn'kmpguu'ku'rkng'c"dcwrg'y kj "{ qwtugrh'y cv'u'y j { 'ku'
f khlkewu0T gtlkxgf 'P qxgo dgt'36.'4238.'htqo "
j wr <ly y y 0 xqleguqh{ qwj qti lgp lr quulo gpvcn'kmpguu/ku/tgcn/cpf /k/k/lwuv/cu/f khlkewu
/cu/qvj gt/kmpguugu"
Ucwhgt.'C0N0*4238.'P qxgo dgt'; +0EEO J 'Eqpvcev']G/o ckn'v'j g'cwj qt_0'
Uwf gpv'Qti cpk cvkq'F kgevqt { 0*4238+0T gtlkxgf 'P qxgo dgt'37.'4238.'htqo "
j wr u<luwf gpvchcktu0 uw0gf wj wd luwf gpvqti ulqti f kgevqt { lugctej 0ur z "
Vj g'O gpvcn'J gcnj 'Dgpgkhu'qh'Gz gtekg0*p{f 00T gtlkxgf 'P qxgo dgt'8.'4238.'htqo "
j wr <ly y y 0 gr i w'f g0ti kt vengulgz gtekg/hkpguulgo qv'kqpcn/dgpgkhu/qh'gz gtekg'j vo "
Vqr '7'O gpvcn'J gcnj 'Ej cmgpi gu'Hcekpi 'Eqngi g'Uwf gpv0*4238+0T gtlkxgf 'P qxgo dgt'37."
4238.'htqo "
j wr <ly y y 0 lguveqngi gu0eqo ltuqwt egulqr /7/o gpvcn'j gcnj /r tqdngo u/hcekpi /eqngi g/
uwf gpvul"
WUOF gr ctvo gpv'qh'J gcnj '('J wo cp'Ugtxkegu*p{f 00T gtlkxgf 'P qxgo dgt'39.'4238.'htqo "
j wr u<ly y y 0 gpvcn'j gcnj 0 qx l"
Y gdo F 0*p{f 00V{r gu'qh'O gpvcn'kmpguu0T gtlkxgf 'P qxgo dgt'39.'4238'htqo "
j wr <ly y y 0 y gdo f0eqo lo gpvcn'j gcnj lo gpvcn'j gcnj /v{r gu/kmpguu"
Y j cv'Ki'O gpvcn'J gcnj 'Uki o cA*p{f 00T gtlkxgf '4238.'htqo "
j wr <ly y y 0 j gtcxkxg0eqo lgp'f /u'ki o c l"
Y qkpgt.'R0*4238.'Cr tkri'47+0Rgpp'Ucv'g'uwf gpv'Egekric'O eI qvi j 'r wu'c'hceg'vq"
uej k qr j tgpkc.'ur tgc'f u'cy ctgpguu0Vj g'Fck'f 'Eqngi kcp0T gtlkxgf 'P qxgo dgt'9.'4238."
htqo "
j wr <ly y y 0 eqngi kcp0 uw0gf w'p'gy uleco r wu'kt v'nga: 33: 72cc/2c7d/33g8/c; 9c/f582d
7e; 924gf wo n"

Y tki j v."U0R0*4226+0Gzrrqt kpi "Ugpug"qh'E qo o wplk\ 'kp'Nxxkpi /Ngctpkpi 'Rtqi t co u'c pf 'kp'j g"
Wpkxgtuk\ 'c u'c 'Y j qrg' *F qe vqtcnf kuugt vvkqp."Wpkxgtuk\ 'qh'O ct { rpf ."Eqmgi g'Rctm#"
*r 08/39+0Eqmgi g'Rctm'O F <F ki kcn'T gr quksqt { 'cv'j g"Wpkxgtuk\ 'qh'O ct { rpf 0'

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